

LOYOLA COLLEGE OF SOCIAL SCIENCES THIRUVANANTHAPURAM



CRITERIA 3- RESEARCH, INNOVATIONS AND EXTENSION

3.5 COLLABORATION

3.5.2 Number of functional MoUs with institutions, other universities, industries, corporate houses etc. during the last five years

TITHE, London, United Kingdom

MEMORANDUM OF UNDERSTANDING (MoU)

Between

Loyola College of Social Sciences, Thiruvananthapuram, Kerala, India

and

TITHE, London, United Kingdom

Loyola College of Social Sciences (hereinafter referred to as Loyola), located at Sreekariyam P.O., Thiruvananthapuram, Kerala, India 695017, represented by its Rector and Manager, Fr. Sunny Kunnapallil,

And

Tithe Charitable Trust (hereinafter referred to as Tithe), located at 352 High Street North, London, United Kingdom-E12 6PH, represented by its Director, Mr. Binesh Kappan.

Agree to acknowledge this MoU as a legal document that assists in establishing and developing bilateral relationships between them.

Purpose of Agreement

For Loyola, to promote student social engagement and community extension in the aftermath of Kerala Floods;

And

For Tithe, to express solidarity with the victims of Kerala floods by training a team ready to offer psycho-social care interventions for flood victims.

The parties hereby agree as follows

1. Loyola and Tithe agree to collaborate in contributing to the cause of Kerala Flood Relief by conducting Trainings-of-Trainers (ToTs) programmes for those interested in providing psychological first-aid for flood victims.
2. Loyola commits to offer the space and facilities for providing the training.
3. Loyola shall designate a faculty-in-charge for matters relating to the training. This staff shall be in-charge of facilitating the training at the College.



Manager
Loyola College of Social Sciences
Trivandrum-695 017

4. Dr. Jasmine Sarah Alexander, Assistant Professor, Loyola College of Social Sciences, Trivandrum, is designated as faculty for corresponding with Tithe and facilitating the cooperation with Tithe.
5. Loyola shall take the responsibility of enrolling trainees for the programme and ensuring their participation. Trainees shall include students of the college as well as general population from outside the college.
6. Loyola shall document the proceedings of the training and submit such report with 'participants' list to Tithe.
7. Tithe commits to conduct two trainings, one at a basic level and one at an advanced level for the same trainees, within the period stated in this document.
8. Tithe shall be responsible for setting the training schedule and providing training resources, if any.
9. Tithe shall arrange resource persons of international calibre for the training.
10. Tithe shall designate a person to communicate to the faculty-in-charge for all physical requirements of the training.
11. Tithe shall pay for the refreshment expenses of the trainees.
12. Any complaints or grievances arising out of the collaboration shall be reported to the heads of the institutions (undersigned).

Duration and Effective Date of the agreement

The agreement would be for a period of 6 months from the effective date of agreement.

The agreement will come into effect upon the date of signature by the above two representatives.

Sign	:		 Manager Loyola College of Social Sciences Loyola Trivandrum- 695 017
Name	:	Mr. Binesh Kappan	Fr. Sunny Kunnappalil
Designation	:	Director, Tithe	Manager, Loyola College of Social Sciences.
Contact No:	:	00447983583507	0091-9995320028
Date	:	September 1, 2018	September 1, 2018



**LOYOLA COLLEGE OF SOCIAL SCIENCES,
THIRUVANANTHAPURAM**

DETAILED REPORT OF ACTIVITIES CONDUCTED UNDER

TITHE-LOYOLA MoU

Tithe, as the word itself indicates, is an organisation that stresses on giving our one-tenth, but not of our wealth, but our time and energy. This London-based organisation has arrived in Kerala with a mission to train individuals for post-disaster psychological care. As part of this venture, the team conducted two training programs at **Loyola College of Social Sciences, Trivandrum**. The training programme was led by Mr. Binesh Kappan, Founder of Tithe and Team Manager CM16+, Southend on Sea Borough Council, United Kingdom. Faculty Coordinators of the programme were Dr. Jasmine Sarah Alexander and Fr. Saji J. of Social Work Department. In addition to our students, this programme benefitted a number of participants from outside Loyola.

The resource persons for the session included Mr. Binesh Kappan, Founder Tithe, and Dr Shibu Karippai and Teresa Karippai, Therapists, Therapia Consultancy.

SN.	Name of Programme conducted under MoU	Date	Time	Venue	No. of Participants
1	Workshop on Empowering Yourself and Others- An Alternative Method- Series 1	October 6, 2018, Saturday	09:00am – 04:30pm	Loyola College, Sutter Hall	28 external (Signed Participant list attached) and 22 students (List attached)
2	Dealing with Trauma and Resilience	January 14, 2019	09:00am – 04:30pm	Loyola College, Sutter Hall	31(Signed Participant List attached)

Detailed Reports of both programmes have been attached herewith, with Photos.



**Head, Dept. of Social Work
Loyola College of Social Sciences
Thiruvananthapuram-695 017**



(Dr. Jasmine Sarah Alexander)
Faculty Coordinator

TITHE-LOYOLA TRAINING: PHOTOS



MR. BINESH KAPPAN, Founder TITHE

**MR. BINESH with the Participants
(Below)**





DR. TERESA KARIPPAI (Above) and DR. SHIBU KARIPPAI (Below)



1
• Training workshop : Empowering self and others;
An alternative process

• Date - October 6th & 7th 2018

• Time - 9.30 a.m to 5. P.m

• Venue - Sutter Hall

• No. of Hours - 9 Hours

A Two day training workshop was conducted on Loyola college of social science, Trivandrum on 6th and 7th October 2018. The Resource persons for the training workshop were Dr. Shibu Karippal, Dr. Teresa Karippal and Mr. Bineesh Kappan.

Objective

The workshop training was aimed at enabling the participants to heal themselves first so as to help others through different practical methods. Healing oneself emotionally & mentally is very important for the purpose of healing others. For such a transformative healing, the idea that human consciousness is the underlying energy that shapes personal reality has to be imparted to the participants.

Day 1

The programmes of the training workshop started at 9.30 a.m with a prayer song sung by Meenu and Riya. Dr. Saji, the principal of Loyola college welcomed the participants who are from different spheres of life to Loyola family wholeheartedly. Fr. Sabu, the Vice principal of

Loyola college spoke on the relevance of the training workshop in relation to the recent devastating effects of monsoon floods occurred in Kerala and the necessity to handle its after effects. Afterwards Dr. Sony, The head of the M.S.W department of Loyola college urged the participants to benefit maximum from the programme to empower oneself with the intention of helping others who are in difficult pace of their lives. Then Mr. Bineesh Kappan introduced 'Tithe' a newly formed charitable organization. It was formed immediately after the severe flood occurred in Kerala with the intention to help and support people financially, emotionally and spiritually. After this short introduction of 'Tithe', Dr. Shibu Karippai took over the session. He emphasized on the concept of human consciousness as the underlying energy that shapes personal reality. Then he explained the so called placebo effect. It is also known as placebo response. It is a remarkable phenomenon in which a placebo - a fake treatment, an inactive substance like sugar, distilled water, or saline solution can sometimes improve a patient's condition simply because the person has the expectation that it will be helpful. He explained about the experiment done by Dr. Masaru Emoto on water crystals to describe the placebo effect. The life of Lester Levenson (1909-1996) was also introduced. Lester Levenson by using positive imagination resurrected from the abyss of failures and depression and led a very successful life thereafter. When one thinks positively divine power flows through him.

When good things are recollected positive energy fills in our body and we tend to attract only good things into our lives. The first thing to do is to accept oneself by forgiving all the mistakes happened in the past. One has to love others not for their sake but for one's own sake. If you are able to transform the bad moments to love within yourself, then you can find true happiness. The afternoon session started with a meditation.

Dr. Shibu talked on the importance of meditation and positive imagination by introducing the book "Breaking the habit of being yourself" by Joe Dispenza who healed his displaced spinal cord through meditation.

In the afternoon session, Mr. Bineesh Kappan conducted an activity in which each participant had to hand over their imagined precious things to others. This activity helped in understanding the importance of data collection without losing them and the diligence to be taken in collecting information. Then Dr. Shibu talked on how negative emotions can affect us so badly that automatically turns to be physical pain in our bodies. He instructed us to identify the emotion which brings pain in the body. One has to find such a problem, identify it, accept it and change it rather than suppressing it in our inner 'dungeon prisons'. After the tea break Dr. Teresa Karippai took a refreshing session on meditation.

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The activities of the programme came to an end by 4.30 p.m.

Day - 2

The second day of the training workshop started with a meditation led by Dr. Teresa Karippai. She emphasized the relevance of meditation by pinpointing the fact that it cultivates our awareness. By introducing the words of Viktor E. Frankl, "between stimulus and response there is a space. In that space is our power to choose our response", she emphasized on our capacity to choose our response to all incidents in our lives. The next session was taken by Dr. Shibu who handled the topic of trauma. Every incidents in our lives can be registered in our subconscious mind. The negative incidents can create deep scars in our mind and can badly affect our behaviour patterns. He explained various methods through which we can heal a traumatic person through counselling. First is to make a healthy connection with the person. ~~And~~ Then they have to imagine or identify the particular emotions that they experience and the consequent feeling or pain in the body. Then in the thinking process one has to disassociate from first person to third person and has to observe all the thinking process as a stranger or as an outsider. Then one has to rate the intensity of

pain. Then Dr. Shibu taught different tapping points in body where we should gently tap to release or reduce the intensity of emotional pain. By working on this method on ourselves, we apprehended its technique and benefits. The last session was handled by Mr. Bineesh Kappan who passionately talked about his social work in U.K where he try to bring back children who have serious traumatic problems into normal and happy life. He talked about two types of traumas; primary trauma and secondary trauma. The secondary trauma which affect professional counsellors going through the traumatic experience of clients has to be handled in a careful manner. The whole sessions ended at 5.00 pm with ~~thanks~~ giving speech by Dr. Jasmine.

Evaluation

The training workshop on empowering self and others; an alternative process was quite informative. We could get insight into many new themes and could understand how thinking pattern can play decisive role in forming our behaviour. The presentation of Mr. Bineesh Kappan was quite brief but yet quite effective in terms social work experience. His sharing of his social work in U.K among traumatic children could awaken sympathetic feelings and urged

us to work for the establishment a better world. Dr. Shibu Karippai took every session with utmost confidence and passion. He seemed quiet happy to share the knowledge he acquired from his life experience. Dr. Teresa Karippai tried to enlighten us with the advantages of meditation and various methods of meditation to enhance the quality of life. But in comparison with the other two resource persons she failed to get the continuous attention of the participants. But in general the training work shop was very beneficial for the participants who could receive new insights of life and different methods to help themselves first so as to help or heal others effectively.

Learning

The training workshop helped in understanding the fact that all things in the universe falls under the web of energy and are mutually related to each other, so there is communication between each and every particle. One's destiny is created by one's thoughts. The practice of meditation helped me to relax my body and mind. The concept of 'Alchemy', meaning we can turn everything into gold was ~~quite~~ thought provoking. The training workshop inspired me to break away from the habit of negative thinking and to cultivate the habit of positive thinking for a successful and happy life.

[Signature]
14/1/19

Date : 14/11/2019

Day : Monday

Time : 9.30 a.m to 4.30 p.m

No of Hours : 7 hours

Venue : Sutter Hall

Programme : Tithe Training Programme

Venue : Sutter Hall, Loyola College
of social sciences.

Objectives

The tithe training follow up programme was conducted in Loyola college of social science as a continuation of the training programme conducted in November 2019. This workshop also mainly concentrated on healing the participants to help themselves, so that they may be equipped to heal individuals undergone through traumatic experience especially in connection with the recent flood occurred in Kerala. It concentrated on the core issue of negative thinking and its after effects in life.

Activities

The Tithe Training programme started at 9.40 a.m. with a prayer song sung by Loyola choir team. Fr. Saji, assistant professor in Loyola college of Social Sciences welcomed all to the workshop by giving emphasis to the role of counselling for healing individual lives. Next Dr. Saji Jacob, principal of Loyola College of Social Sciences made the inaugural address. He pinpointed the importance of trauma care counselling. He made the opinion that the intensity of interaction will be higher as the group consisting of participants are smaller. He inaugurated the function officially by lightening the lamp. Dr. ~~Dr~~ Sabu, vice principal of Loyola College of Social Sciences and Dr. Sonny Jose, HOD of Social Work made felicitation speech. Ms. Gayathri, student coordinator of the training programme thanked everyone and she handed over the session to Dr. Shibu Kappan. Dr. Shibu started his workshop by thanking everyone present for their generosity to participate.

in the followup training programme. He admitted that he could not teach all the techniques and principles in the last workshop that he was there to compensate it this time. He stated that all unfinished business is waste of energy. As the programme is aimed to equip the participants to help the clients, it was foremost important to heal or help oneself first so as to help others. Dr. Shibu symbolised mind with a store house. There are innumerable objects in the store house. A spotlight will be shed on these objects at random only on one item at a time. This store house symbolizes mind; objects symbolizes different thoughts and finally spotlight symbolizes one's thinking. Once a person gains proper awareness regarding his thinking pattern, he or she automatically gains control over his or her life. Controlling thoughts are very important as thoughts guide to feeling. Each thought come one after another. If one is able to shed the spotlight where he wants to focus, then he has got grip over the

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thoughts and consequently grip over his life. Dr. Shibu showed a video regarding an experiment conducted among taxi drivers in London. To get taxi licence, drivers have to pass a test on different routes in London city. It is a vigorous and strenuous task and require intense intellectual labour. The study proved that the brains of the drivers before and after the test were not same. Because of intense intellectual activities, some part of the brain got larger or grew in size. It proves that one's brain is prone to change and one's thoughts reshape one's brain. Neurons that fire together wire together. It is an interesting fact that which part becomes thick in ^{one's} brain results in what OIE becomes of. It lays down the basic principle that thinking decides one's destiny. It substantiates the biblical passage that 'word becomes flesh'.

In the afternoon session he mainly gave practical sessions. He talked and demonstrated energy

releasing methods such as taping, free movement of body where we feel stress. All the participants were made to do these exercises by themselves under his guidance. Many shared their experience which was really inspiring and thought provoking. Another major discussion was on coping with beliefs formed in one's life based on diverse experience. There is a particular pattern of forming these beliefs and it can either positively or negatively affect the individuals. Once an individual becomes aware of such beliefs and the particular pattern of forming one's beliefs, it can be traced back and can gain control over one's life.

Evaluation

The follow up programme of the Fitte workshop gave participants new insights regarding importance of positive thinking in one's life. The number of participants was less in comparison with the first workshop. The participants felt repetition in the ideas shared by the resource person, though it

helped the participants to learn and grasp such ideas more clearly. But the general problem ~~opinioned~~ found out was that some ideas were little difficult to digest and needed more contemplative bent of mind.

As the participants varied in age groups, it took more time for students to understand the complex ideas. As the resource person was sharing insightful but little complex ideas ^{continuously} some participants required more time resulting less grasping of many ideas. The resource person's dissatisfaction with the lack of response and excitement also from the participants also negatively affected the rhythm of the programme.

The second workshop was more practical oriented in comparison with the first workshop which concentrated about theoretical principles of positive thinking. But the practical sessions were felt to be inadequate to cater to the needs of individuals facing different emotional problems due to blood. In this

way, the programme failed to meet the original purpose of providing practical tools for the participants to engage in flood trauma care.

Learnings.

- 1) The trainee learnt the power of imagination based on the principle, 'Imagination is just as real'.
- 2) The trainee understood the effects of thinking on one's lives.
- 3) 'I am not thought. I am awareness' was an insightful ~~the~~ idea to understand the power of mind to control one's life by becoming aware of the process of thinking in one's mind.
- 4) One has to create everything in mind first before actualizing it. Once everything is formed in mind, automatically actualization process occurs in material terms.
- 5) Willingness to go through discomfort

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until that becomes comfort" was a powerful idea to understand the principal that face life and its problems courageously rather than to run away from it.

6) The trainee once again got the opportunity to understand the advantages of meditation and could practice it with the help of the resource person.

7) The trainee learnt tapping technique and positive imagination for releasing negative energy in one's body and mind.

EMPOWERING SELF AND OTHERS: AN ALTERNATIVE PROCESS

Organizers: The Department of Social Work, Loyola College of Social Sciences, Trivandrum

& TITHE, a UK-based NGO; **Dates:** 6, 7 October, 2018; **Timings:** 9-5 p.m.

Resource persons: *Dr. Sibu Karippai* and *Dr. Teresa Karippai*, Consultant Psychologists, Therapia Consultancy, UK; *Mr. Binesh Kappan*, Team Manager, Leaving Care Team, Southend on Sea, UK

PROGRAMME SCHEDULE

DAY 1

9:00 – 9:30	Registration, etc.
9:30 – 11:30	Session 1
BK [10 min]	Welcome and Introduction on behalf of Tithe
TK [15 min]	Meditation
SK [95 min]	- Philosophical basis of understanding reality as spiritual and psychological energy in different frequency/vibration - Understanding human consciousness as the underlying energy that shapes personal reality
11:15	Coffee Break
11:30 – 1:00	Session 2
TK [45 min]	Basic methods for meditation & its benefits for personal growth
SK [45 min]	- Nature of sub-conscious and emotions - Practical implications of this approach in life - Group discussion around this approach
1:00 – 2:00	Lunch break
2:00pm	Session 3
TK [10 min]	Meditation
BK [20 min]	Concept of Tithe: Vision, Plans and implications; nature and boundaries of this programme: what they can and can't do; Emphasis on personal growth first and helping others later
TK [15 min]	Outline different therapeutic modalities & counselling as a one-to one encounter
SK [45 min]	- Nature of time in relation to trauma - Trauma: Mind-body connection, Energetic nature and patterns; and embodiment of Psychological trauma
3:30pm	Coffee Break

3:45 – 4:30	Session 4
SK [45 min]	- Process of healing oneself & art of mental hygiene - Clarifying 'Home work': meditation, Process of healing oneself, etc.
TK [10 min]	- Meditation

*BK: Bineesh Kappan (Founder of Tithe.org), SK: Dr. Shibu Karippai & TK: Dr. Teresa Karippai

DAY 2

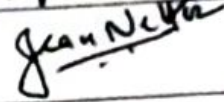
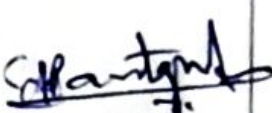
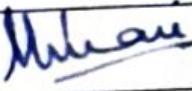
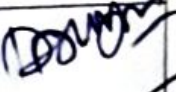
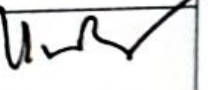
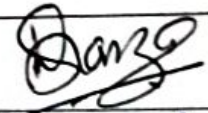
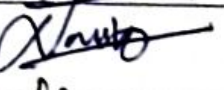
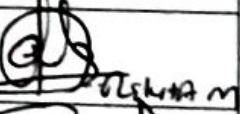
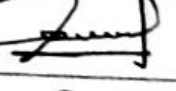
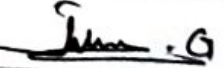
9:30 – 11:00	Session 5
TK [15 min]	Meditation
SK & TK [20 min]	Discussion and clarification on 'Self-healing & Creating one's reality': Home work' done by participants
TK [30 min]	Basics of Counselling: Listening skill, Therapeutic relationship, ethical considerations, Confidentiality, etc.
SK [25 min]	Nature of two minds in us
11:00 – 11:15	Coffee Break
11:15 – 1:00	Session 6
SK [30 min]	Counselling: Demonstration of working with others
SK & TK [60 min]	Group practicing on each other & Feedback
TK [15 min]	Meditation
1:00 – 2:00	Lunch break
2:00 – 3:15	Session 7
BK [30 min]	Reflective practice & supervision: experiences and case studies
SK [45 min]	More on practice [Secondary gains, Resistances, role of beliefs, etc.]
3:15	Coffee Break
3:30 – 4:00	Session 8
[SK&TK] [20 m]	Group discussion: Questions and answers
SK [10 min]	Summary
4:00 – 4:15	Concluding talk [10 min] [BK]
4:15 – 4:30	Concluding Meditation [SK] [15 min]

*BK: Bineesh Kappan (Founder of Tithe.org), SK: Dr. Shibu Karippai & TK: Dr. Teresa Karippai

TRAINING ON COUNSELLING SKILLS

Organized by: Tithe, London & Loyola College of Social Sciences, Trivandrum (Venue)

Dates: 6 & 7, October 2018; Time: 9-5pm

Sl.No.	Name	Designation	Phone	Signature
1	Veena	Environment Educator	8547742989	
2	Jean Netti	Technical Assistant, Karyavattom	9447401473	
3	Adv. Paul Francis	Lets Talk Counselling Awareness Education Society	9446305792	
4	Sailaja	Retired Teacher	8281394944	
5	Shyla Thomas	Retired Teacher	9497593003	
6	Valsala Kumari	Retired Teacher	9846230004	
7	Bhavaniamma Girija	Retired Chief Manager SBI	7738988835	
8	Jayachandran	Retired CMSW, SCTIMST	9446794302	
9	Sulthan Mushadiq	Retired DRM	9400333400	
10	Ida D'souza	Faculty, Manipal University	7760093803	
X	Vandana Raju Rao	Research Scholar, Manipal University	9745960928	Cancelled
11	Herlin Boaz	Community Worker, Centre for Rehabilitation of Disabled	9447056577	
12	Dr. Nimisha	Homeo Doctor	9446582018	
13	Vaishnavi	Junior Social Worker, SCTIMST	8113053119	
14	Rekha M.	Junior Social Worker, SCTIMST	9074485240	
15	Amrida G.S.	Kudumbhasree	9446750505	
16	Jijin - G	Kudumbhasree	8907228146	

TRAINING ON COUNSELLING SKILLS

Organized by: Tithe, London & Loyola College of Social Sciences, Trivandrum (Venue)

Dates: 6&7, October 2018; **Time:** 9-5pm

Sl.No.	Name	Designation	Phone	Signature
17	Deepa . A .	Volunteer, SUSTRA <i>Foundation</i>	9895243258	<i>[Signature]</i>
18	Gowri S.	MSW passout, CUK	9947506818	<i>[Signature]</i>
19	Gautam N.C.	MSW passout, CUK	7736365958	<i>[Signature]</i>
20	Elizabeth Jacob	Research Scholar, Loyola	9746093768	<i>[Signature]</i>
21	Kavya S. Kumar	MSW passout	8891117635	<i>[Signature]</i>
22	Saumya John	MSW passout	8826167816	<i>[Signature]</i>
23	Joby A.P.	Trivandrum District Childline Coordinator	9497594630	<i>[Signature]</i>
X	Dr.Pramod	HoD , Dept of Counselling, Loyola	9447262258	Cancelled
24	Jayaraj M.S	Digital Marketing, Fourth Kottarakkav	9895450007	<i>[Signature]</i>
25	Neenu Mathews	Research Scholar, LCSS, Tum	8089730473	<i>[Signature]</i>
26	FRANCINA . P . X	Asst. Professor, LCSS	9495241545	<i>[Signature]</i>
27.	Joel Edison	Student, Mar Ivanios College	9847019057	<i>[Signature]</i>
28.	Anoop. T K	MSW passout CUK	8157923434	<i>[Signature]</i>

TRAINING ON COUNSELLING SKILLS

Organized by: Tithe, London & Loyola College of Social Sciences, Trivandrum (Venue)

Dates: 6&7, October 2018; Time: 9-5pm

Sl.No.	Name	Designation	Phone	Signature
	Students of <u>MSW</u> 2018-20 Batch			
29.	Akshay Kishore			
30.	Jithin Rodrigues		49. Dona Maria	
31.	Rose Maria Siju		50. Anju C. Mathew	
32.	Maria Teres Sebastian			
33.	Anna George K			
34.	Sandeep John			
35.	Fr. Vincent Benedict			
36.	Tisson Thomas			
37.	Nibin Mathew			
38.	Ashwini Prasad			
39.	Alvira Wilson			
40.	Ashly G.S.			
41.	Aleena Babu			
42.	Gayathri P. Nair			
43.	Prince Jacob			
44.	Meenu Mariam Lal.			

45. Bushra S.

46. Shilpa Kartik

47. Meera John

48. Ashuathy Ponnaduan.

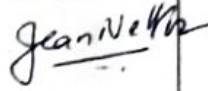
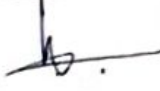
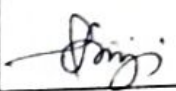
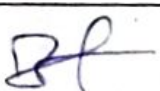
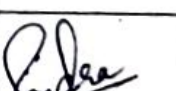
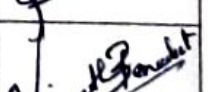
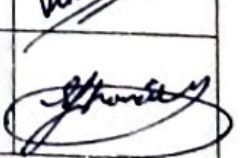
Training on Counselling Skills

Theme: Dealing with Trauma and Resilience

Organised by Tithe, London & Loyola College of Social Sciences, Trivandrum

Date: 14 January 2019

Time: 9:30 AM

Sl No	Name	Designation	Phone Number	Signature
1	Amrinda R. S	Programme Officer, Kudumbashree	9446750505	
2	Jean Nether	Technical Assis. Perform Arts Kerala University	9447401473	
3	Veena. M	Env. Educator	9446102871	
4	B. Geetha	Refd CM, SBI	7738988835	
5	Jithin Rodriguez	Student - ^{msw} 1 st year.	9847608608	
6	Rose Maria Siju	Student, MSW 1 st Year	9447293119	
7	Ashay Kishore	Loyola College	9946360980	
8	Anna George K.	Student, MSW 1 st year	8593836585	
9	Rameez M Sydek	Student, msw I	9846082162	
10	Mithin Mathew	Student, MSW I	9526172968	
11	Sandra John	Student, MSW 1 st Year	8943015301	
12	Fr. Vineeth Benedict	Student MSW 1 st Year	8281779310	
13	Tison Thoman	Student MSW 1 st year	70120029 34	

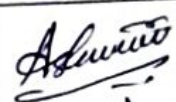
Training on Counselling Skills

Theme: Dealing with Trauma and Resilience

Organised by Tithe, London & Loyola College of Social Sciences, Trivandrum

Date: 14 January 2019

Time: 9:30 AM

SI No	Name	Designation	Phone Number	Signature
14	Mauz Teres Sebastian	Student Loyola College	9846303676	
15	Silpa Kartik	Loyola College (student)	6542013680	
16	Ashwini Prasad	"	9447944971	
17.	BUSTHA. S	"	7356806917	
18.	Althira Wilson	"	9746694935	
19.	Ashly. G.S.	Student, Loyola College.	8593045125	
20.	Prince Jacob	Student, Loyola	953911791	
21.	Merlin Boaz C.	Social Worker.	9447066577	
22	Meenu Mariyam Lal	Student, Loyola	9605804037	
23	Gayathri P Nair	Student, Loyola	9400108508	
24	Akena Babu	Student, Loyola	9946006287	
25	RAJESTH.	WORKING	9562737824	
26	Tobi Kondan	District Coordinator CHILDLINE TVDM	9497594630	

Theme: Dealing with Trauma and Resilience

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Time: 9:30 AM

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