

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



CRITERIA 7: Institutional Values and Best Practices

7.1.9- Sensitization of Students and Employees of the Institution to the Constitutional Obligations: Values, Rights, Duties and Responsibilities of Citizens

**7.1.9-1: Value Education Programmes
2016-21**

CLASS FRAMEWORK

Value Education Programs-2020-21 (7 Reports)

Value Education Programs-2019-20 (5 Reports)

Value Education Programs-2018-19 (4 Reports)

Value Education Programs-2017-18 (2 Reports)

Value Education Programs-2016-17 (8 Reports)

Loyola College of Social Sciences,
Value Education Class Framework

Objective:

- 1) To sensitize the students about the importance of Human values and Professional ethics for their holistic development
- 2) To help the students to maintain integrity and humanness in their life, profession and towards environment
- 3) To transform students into self-evaluating, reflexive and morally responsible individuals for the wellbeing and sustainability of the living world

Syllabus:

Unit 1: Introduction to Basic Human values and ethnics

- i) Understanding human values- Definition, Types of values, evolution of human values;
- ii) Understand the need for maintaining integrity and work ethics
- iii) Maintaining the values of caring, sharing and Honesty

Unit 2: Human values and the Individual

- iv) The importance of self-consciousness and Self-awareness
- v) Development of personality and self-esteem as the stages of individual growth
- vi) The need and practice of self-confidence, courage, self-appreciation

Unit 3: Developing harmony in interpersonal relationships

- vii) Maintaining harmony with family
- viii) Understanding and living in harmony with the society
- ix) Respect for the values and motives of others

Unit 4: Living in harmony with Nature

- x) Defining human beings moral and ethical obligations towards environment
- xi) Sustainability, recyclability and self-regulation in nature
- xii) Deep ecology, feminism and environment

Unit 5: Harmony at work spaces

- xiii) Differentiating Character and Personality in terms of ethics and education
- xiv) Maintaining emotional intelligence and healthy sexuality
- xv) Bridging spirituality and workplace

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



Value Education Programs-2020-21

Self Awareness



Value Education conducted a '**Self Awareness**' session on 25th February 2020 at Sutter hall by 1:20 PM. The session was moderated by Mr. Praveen Varghese Thomas. He is a motivational speaker, academic trainer, professional Social Worker and currently working as the academic Director at Centre for Lifeskills Training and Research, Trivandrum. Prasad the faculty in charge for Value education officially welcomed the gathering. Around 49 students from different departments participated for the session.

In the introductory part Mr. Praveen mentioned different thoughts of personalities like Buddha, Steve Jobs. Practical sessions were the main highlight of the programme. He used a ball and basket game to explain different human zones like Comfort zone, optimal zone and panic zone. He discussed about the use of mirror test to check awareness on physical appearance. Throughout the session Praveen tried to teach the participants various techniques like mindfulness, use of strangers feedbacks, Bingo test, driving test, Ikigai Johari window self introspections and destiny circle. All these techniques are designed to help people to better understand their relationship with themselves and others. The

session got ended by 2:10 pm with the vote of thanks by Asumptha (First Year MSC Counselling Psychology).



REPORT			
Programme Name	Value Education “Religiosity and Spirituality”	Organizer	LCSS
Date	27/10/2020	Time	2.30pm to 4.00 p.m.
Venue	Zoom platform: Meeting id: 584780 0173 Passcode: loyola	Faculty in-charge	Dr. Francina P X (Department of Social Work)

Programme Objectives	• To understand about concepts “Religiosity and spirituality”. • To understand the relation between these concepts also how mind and brain connected to religiosity and spirituality. • To comprehend Social dimensions of religiosity and spirituality
Resource Person (s)	Rev. Fr. Sebastian Painadath S.J.
Participants	II Semester Students and faculties of Loyola college
Programme Activities	• Prayer • Welcome address –Dr.Saji.P Jacob, Principal of Loyola College of Social Sciences. • Session by Rev. Fr. Sebastian Painadath S. J. • Question and answer session for the audience • Vote of thanks
Programme Outcomes	• Learned about the concepts of Religiosity and spirituality and its connection. spirituality involves a personal quest for meaning in life, while religion involves an organized entity with rituals and practices focusing on a higher power or God. • Difference between mind and brain and how this can be used in religiosity and spirituality. • Understood that Spirituality is about “introspection” and “self-actualization”, where we realize that we are united with God and God is omnipresent
Supporting Documents	Flyer, photos

Report: Importance of CONTEXT in Ignatian Pedagogical Paradigm			
Programme Name	Value Education	Organizer	Loyola College of Social Sciences
Date	23 rd November 2020	Time	2.30 p.m.
Venue	Zoom: Meeting id: 584780 0173 Passcode: loyola	Faculty In-Charge	Dr. Francina P.X, Department of Social Work

Programme Objectives	- To impart the importance of value education in current scenario (Pandemic period) - Revise Loyolites awareness of Ignatian/Integral Pedagogical Paradigm - Focus specifically on the importance, necessity and benefits of being conscious of and respectful to the CONTEXT in our teaching-learning process.
Resource Person	Rev. Dr. M. K George SJ, South Asia Regional Assistant for the Superior General of Society of Jesus
Participants	65 (only one batch)
Programme Activities	- He started with asking participants to write in the chat box what they feel in one or two words - Ignatian/Integral Pedagogical Paradigm of Context and Evaluation – Experience-Reflection-action - Importance of context in Jesuit education
Programme Outcomes	The participants were able to obtain valuable insights on how an academic program that creates and fosters in their students a genuine love of learning and to achieve the deeper purpose of forming and transforming them into young men and women of depth, who have a strong faith and set of values and a desire to put their life at the service of others..
Supporting Documents	PPT, Pictures, Attendance



**Loyola College of Social Sciences,
Thiruvananthapuram**

invites you for

Value Education

on

**Importance of CONTEXT in Ignatian
Pedagogical Paradigm**

Rev. Dr. M. K George SJ

South Asia Regional Assistant for the
Superior General of the Society of Jesus



Meeting ID: 584 780 0173

Passcode: loyola

23/11/2020

2.30 p.m.

Zoom Meeting interface showing a video call with George Mutholi. The interface includes a top bar with the meeting title "Aby Tella, Loyola LG-X2301", a top toolbar with "Remove Spotlight", "Recording", and "View" buttons, and a bottom toolbar with "Unmute", "Stop Video", "Security", "Participants", "Polls", "Chat", "Share Screen", "Reactions", and "More" buttons. A list of participants is visible on the right side of the screen.

Zoom Meeting interface showing a PowerPoint presentation titled "Importance of context". The presentation slide displays the text "Some hints to make the session participative..." followed by five numbered points. The participants list on the right includes George Mutholi, Francina, 1 AADHIL, Angelo Math..., MSW Loyola Tvm, and LG-X2301. The bottom toolbar includes "Unmute", "Stop Video", "Security", "Participants", "Polls", "Chat", "Share Screen", "Pause/Stop Recording", "Reactions", and "Leave" buttons.

Some hints to make the session participative...

- 1. Use the chat box...
- 2. Will give you 'question breaks' / 'sharing breaks'- PLEASE RESPOND GENEROUSLY
- 3. A STATUTORY WARNING: I MAY SOUND CRITICAL ...BUT DO TAKE THEM AS MY OPINIONS, INVITING YOU TO REFLECT...NOT TO **WIN** A POINT...
- 4. PLEASE KEEP THE IGNATIAN POINT OF VIEW: St. Ignatius, our Founder always said, " give the best interpretation to the other's behaviour and words".
- 5. And finally, do give me a feedback , whether the session was useful or not....through the chat or through e mail....gmutholi@gmail.com

Value Education on Building Self Esteem

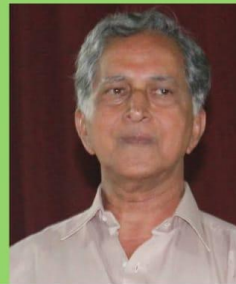


**Loyola College of Social Sciences,
Thiruvananthapuram**

**invites you for
Value Education
on
Building Self-Esteem**

Rev. Fr. Ephrem Thomas S. J

**Director,
Santigram - ICTA**



Meeting ID: 584 780 0173

Passcode: loyola

15/12/2020

2.30 p.m.

A Value Education class on '*Building Self-Esteem*' was organized through online platform, Zoom on 15th December 2020. Fr. Ephrem Thomas was guest for the day. He is the present director of Santigram- Institute of Counselling and Transactional Analysis (ICTA). It was a one hour session and around 20 students from various departments participated for the session. The resource person spoke about the concept called Self-Esteem and how it's imbibed in individual life. He also tried to connect the concept with Self ethics that is practiced in our day today life.

VALUE EDUCATION PROGRAM

Report			
Programme Name	IGNITE: Kindling & kindlers	Organizer	Loyola college of social science
Date	1/02/2021	Time	9 a.m. to 4 p.m.
Venue	Sutter hall	Faculty in-charge	Dr. Francina P. X

Programme Objectives	• To orient students about the values • To inculcate optimism in the participants so that they have a positive outlook towards their life. • To give motivation to new Loyolites to pursue value based education • To inculcate the importance familial bonds and relationships among participants. • To think critically how does one ignite oneself and others
Resource Person(s)	Fr. Toby Joseph S. J. Director, Atma Mitra, Kalady, Chengal, Aluva
Participants (Details &No)	1st year students of college and were estimated around 80.
Programme Activities	The session started with story about finding a new horizon which was followed by a group session where the team is divided into 3. The resource person conducted "Missing Brother Exercise", which is one of the one of their famous exercise that had an impact on people across all ages and gender. It is a type of mass therapeutic ventilation exercise that utilises visualization method. Six students who were either the only girl child in their family or did not have an elder brother were selected to perform the exercise. The exercise was primarily focused on one particular girl student. The participant was asked to envision a situation wherein an elder brother figure was comforting them at a time of crises in her life. In the beginning of the session participants were given an opportunity to give feedback of the previous three sessions. The participants actively gave their feedback. The differences in opinions were addressed by the resource person and clarifications were provided. After it, resource person made the participants do an exercise named "Life Revision Exercise". The participants were asked to close their eyes and sit in an open position. They were asked to think about saddest moment in their life and make a decision which will help them attain a sweet revenge against the situation or the people who caused it and then fold one of their hands. Resource person then asked to fold other hand after thinking about

	the happiest moment in life and make a decision which will help to give back something to those who were responsible for it or to re-experience the happiness again. The participants were asked to bring both folded hands near the chest and to imagine that they are opening their chest and heart and planting both their decisions as a seed. Participants were asked to visualize the seed growing into a tree which has flowers and fruits growing. Participants then opened their eyes. It was explained by the resource person that if participants visualized only one seed being planted or if both the decisions merged into one then it indicates that both happy and sad experiences of life should be taken as an opportunity to “grow”.
Programme Outcomes	• The students were able to get new insights about new horizons and opportunity lying behind the distance. Distance symbolically represents the way or hurdles to be overcome during ones lifetime • The participants felt very relaxed after the exercise. • They were able to visualize their future and make a new decision about their life. • It helped participants to realize their goal. • The exercise was able to inculcate positivity in the minds of the participants. • The exercise helped the participants to learn that both happy and painful events of their life is an opportunity to grow. • The participants were able to determine the importance of familial relationships in one's life. • They were able to understand the importance of having strong familial bonds during the adolescent youth can help them to have a positive and mature life. • The participants understood that much of the immature love affairs are often the result of poor familial bonding. • The importance of peer support among the students was also acknowledged.
Supporting Documents	Photo(s)



Session on Ignite

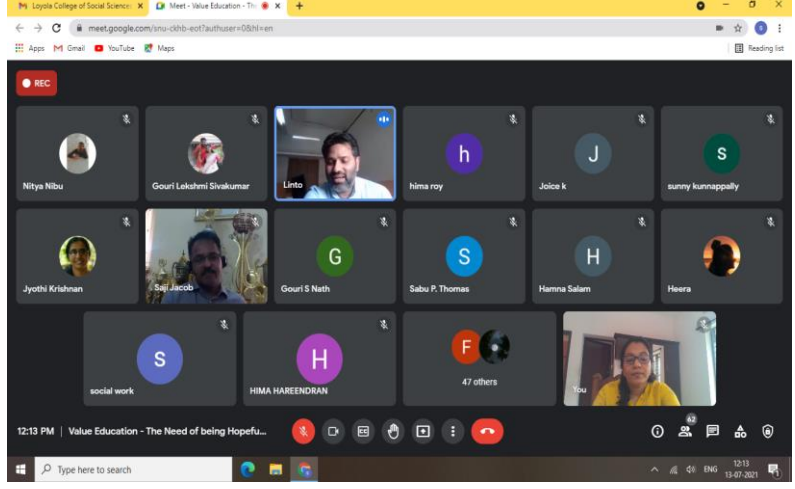


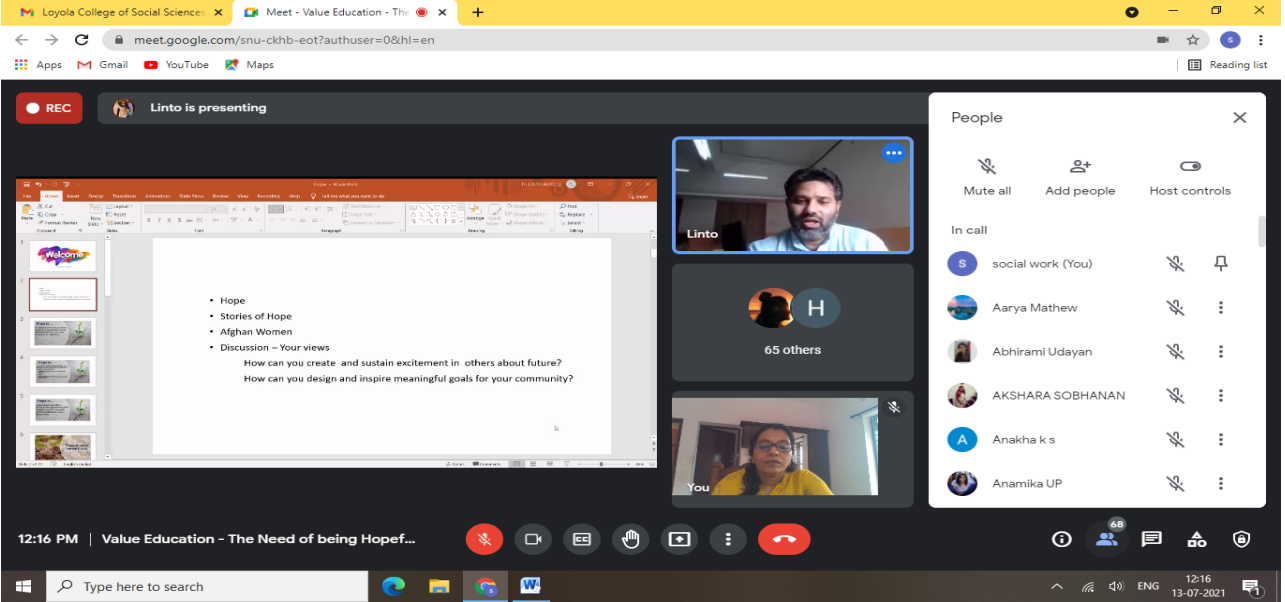
Report: The Need of Being Hopeful In Life			
Programme Name	Value Education	Organizer	Dr Francina P.X, Department of Social Work
Date	13th July 2021	Time	12:00 pm – 1.20 p.m.
Venue	Google Meet: https://meet.google.com/snu-ckhb-eot	Faculty In-Charge	Dr. Francina P.X

Programme Objectives	• To impart the importance of having hope in life in the context of Covid-19 pandemic • To introduce the concept of hope from a new angle and encourage the participants to inculcate it in their lives. • To use real-life examples to help the participants understand the importance of hope in overcoming uncertain situations.
Resource Person	Rev. Fr. Linto Anto Kanichal SJ, Vice Principal, AKJM School, Kanjirapally
Participants	80
Programme Activities	• Fr. Linto Anto Kanichal SJ gave an insightful and thought-provoking session on “The need of being Hopeful in Life”. He described the importance of having hope even in the direst of circumstances and having the willpower to rise from the adversities in life no matter what the situation is. He also provided theoretical and philosophical values on the concept of hope using real-life experiences of his own and others that he had come across whilst working in the Jesuit Refugee Service, Afghanistan. • He then proceeded on with presenting videos of two young girls from Afghanistan who had overcome their dark past living in a terror-stricken place. • The session concluded with a brief feedback session wherein the participants put forth words of gratitude in the chat box section.
Programme Outcomes	• The participants were able to obtain valuable insights on the concept of hope and how it portrays a key value in our lives, from simple miscellaneous tasks to even the toughest events. • The participants in their feedback mentioned how the session

	was helpful for them in recognising the significance of having the value of hope in life. Moreover, they were able to understand that hope is not just about waiting for something good to happen but having the willpower to do it. • Pulling out real-life incidents seemed more effective for the participants to understand the importance of hope in a more heart touching manner.
Supporting Documents	PPT, Pictures, Attendance & Feedback form
Student Coordinator	Ms. Aarya Mathew, II Semester MSW







Participants List

Sl. No.	First name	Last name	Email	Duration	Time joined	Time exited
1.	Heera		kris*****@***.com	1 hr 22 min	11:52 AM	1:14 PM
2.	Krishnendu B		kbro*****@***.com	1 hr 16 min	11:55 AM	1:11 PM
3.	Linto		lint***@***.com	1 hr 15 min	11:59 AM	1:14 PM
4.	Saji Joseph S J		saji*****@***.com	51 min	12:15 PM	1:13 PM
5.	Jilsha	A B	jils****@***.com	1 hr 13 min	12:00 PM	1:13 PM
6.	ANU	ABRAHAM	anum*****@***.com	38 min	12:05 PM	12:44 PM
7.	SREEHARI	AK	sree*****@***.com	4 min	12:02 PM	12:06 PM
8.	Arun	Anil	arun*****@***.com	1 hr 13 min	12:00 PM	1:14 PM
9.	Anjali	Anjali G.P	anja*****@***.com	20 min	12:50 PM	1:09 PM
10.	Ebin	babu	ebin*****@***.com	1 hr 3 min	12:01 PM	1:08 PM
11.	JINCY	BABY	jinc*****@***.com	1 hr 14 min	11:57 AM	1:11 PM
12.	Biji	Baker	biji*****@***.com	12 min	12:13 PM	12:32 PM
13.	Anandhu	Bhavanan	anan*****@***.com	59 min	12:14 PM	1:13 PM
14.	Anu	Biju	anub***@***.com	1 hr 19 min	11:54 AM	1:13 PM
15.	Jinu	Chandraj	jinu*****@***.com	1 hr 11 min	12:01 PM	1:14 PM
16.	ammu	christopher	ammu*****@***.com	57 min	12:17 PM	1:14 PM
17.	Angel Mariya	Dominic	ange*****@***.com	39 min	11:56 AM	12:46 PM
18.	Ann Mary	George	annm*****@***.com	47 min	12:15 PM	1:03 PM
19.	HIMA	HAREENDRAN	hima*****@***.com	1 hr 20 min	11:51 AM	1:11 PM
20.	mariam	jacob	mari*****@***.com	19 min	12:01	12:48 PM

					PM	
21.	Saji	Jacob	saji*****@***.com	50 min	11:56 AM	12:46 PM
22.	Athul	James	athu*****@***.com	1 hr 5 min	12:08 PM	1:14 PM
23.	Josey	James	seba*****@***.com	1 hr	11:55 AM	1:01 PM
24.	Delna	John	deln*****@***.com	1 hr 8 min	12:00 PM	1:09 PM
25.	Roshan	John Netto	rosh*****@***.com	1 hr 1 min	12:03 PM	1:04 PM
26.	Ashin P	Johnson	ashi*****@***.com	1 hr 6 min	12:05 PM	1:10 PM
27.	Joshni	Jose	josh*****@***.com	1 hr 8 min	12:03 PM	1:11 PM
28.	Joice	k	joice@loyolacollegekerala.edu.in	51 min	12:00 PM	1:11 PM
29.	Dr Jyothi	krishnan	jyothi@loyolacollegekerala.edu.in	28 min	12:45 PM	1:13 PM
30.	Jyothi	Krishnan	jyot*****@***.com	1 hr 7 min	12:01 PM	1:07 PM
31.	Anakha	k s	anak*****@***.com	1 hr 13 min	11:58 AM	1:11 PM
32.	sunny	kunnappally	ksun*****@***.com	55 min	12:00 PM	12:55 PM
33.	Brijith	Maria Thomas	brij*****@***.com	1 hr 15 min	11:53 AM	1:08 PM
34.	sneha	mathew	sneh*****@***.com	1 hr 6 min	12:08 PM	1:14 PM
35.	Aarya	Mathew	lath*****@***.com	1 hr 22 min	11:51 AM	1:14 PM
36.	Ann rose	Mathew	annr*****@***.com	1 hr 6 min	11:55 AM	1:14 PM
37.	Sam Santhosh	Mathew	sams*****@***.com	1 hr 11 min	12:01 PM	1:13 PM
38.	Sreesiddharth	MS	mssr*****@***.com	9 min	12:13 PM	12:22 PM
39.	fathima	nazar	fath*****@***.com	1 hr 13 min	11:58 AM	1:13 PM
40.	Nitya	Nibu	nity*****@***.com	32 min	11:47 AM	12:19 PM
41.	Reshma	NR	nrre*****@***.com	52 min	12:19 PM	1:11 PM
42.	Amaldev	O B	emai*****@***.com	46 min	12:03 PM	1:05 PM
43.	Sabu	P. Thomas	sabu*****@***.com	1 hr 9 min	11:55 AM	1:07 PM

44.	Rosemary	Paul	jose*****@***.com	1 hr 12 min	12:03 PM	1:14 PM
45.	Jino	P john	jino****@***.com	1 hr 11 min	12:03 PM	1:14 PM
46.	Drisya	P lal	dris*****@***.com	11 min	12:10 PM	12:21 PM
47.	Devika	Prasad	devi*****@***.com	8 min	12:57 PM	1:05 PM
48.	Shilu	Prasad	shil*****@***.com	1 hr 13 min	11:58 AM	1:11 PM
49.	BILBILAL	P SAJI	bilb*****@***.com	1 hr 11 min	12:01 PM	1:14 PM
50.	aparna	r	2000*****@***.com	48 min	12:04 PM	12:52 PM
51.	Jincy	Raj	jinc****@***.com	1 hr 14 min	11:56 AM	1:11 PM
52.	Alan		alan*****@***.com	1 hr 14 min	11:56 AM	1:11 PM
53.	Gopika	Rajendran	gopi*****@***.com	1 hr 11 min	12:01 PM	1:13 PM
54.	Roshni	rex	rosh*****@***.com	1 min	12:08 PM	12:09 PM
55.	hima	roy	hima*****@***.com	1 hr 13 min	11:58 AM	1:11 PM
56.	Prijin	S	prij****@***.com	1 hr 13 min	11:59 AM	1:11 PM
57.	shyma	salam	shym*****@***.com	1 hr 7 min	12:07 PM	1:14 PM
58.	Hamna	Salam	hamn*****@***.com	1 hr 4 min	12:02 PM	1:06 PM
59.	ARUN	Sb	arun*****@***.com	6 min	12:30 PM	12:36 PM
60.	Nayana	Scaria	naya*****@***.com	1 hr 8 min	11:59 AM	1:08 PM
61.	Neleena	Scaria	nele*****@***.com	1 hr 11 min	12:02 PM	1:13 PM
62.	Areeba	Schamnad	aree*****@***.com	57 min	12:15 PM	1:14 PM
63.	Nirmal T	Sebastian	seba*****@***.com	29 sec	12:58 PM	12:59 PM
64.	Gouri Lekshmi	Sivakumar	gour*****@***.com	56 min	11:58 AM	12:55 PM
65.	Gouri	S Nath	gour*****@***.com	49 min	11:53 AM	12:42 PM
66.	AKSHARA	SOBHANAN	aksh*****@***.com	1 hr 4 min	11:53 AM	12:59 PM
67.	Sreethu	Sreenivasan	sree*****@***.com	30 min	12:44	1:14 PM

					PM	
68.	Leena.	St	leen*****@***.com	58 min	12:00 PM	12:58 PM
69.	Aliyath	Sumayya	aliy*****@***.com	13 min	11:56 AM	12:15 PM
70.	bibin	thomas	bibi*****@***.com	35 min	11:55 AM	1:02 PM
71.	Annu	Thomas	annm*****@***.com	52 min	11:58 AM	1:11 PM
72.	Saranya	T J	sara*****@***.com	1 hr 10 min	12:03 PM	1:13 PM
73.	Abhirami	Udayan	abhi*****@***.com	1 hr 11 min	11:55 AM	1:06 PM
74.	Divya	Unni	divy*****@***.com	1 hr 6 min	12:05 PM	1:13 PM
75.	Anamika	UP	anam*****@***.com	28 min	11:57 AM	12:25 PM
76.	Athira	Varma	athi*****@***.com	28 min	12:26 PM	1:01 PM
77.	Vinayak.S.K	Vinu	vina*****@***.com	1 hr 9 min	12:00 PM	1:09 PM
78.	Daniel	William	dani*****@***.com	1 hr 3 min	12:02 PM	1:05 PM
79.	Fevi	William	fevi*****@***.com	57 min	12:09 PM	1:07 PM
80.	social	work	socialwork@loyolacollegekerala.edu.in	1 hr 28 min	11:47 AM	1:14 PM

Feedback from students – Google form

Do you have any other comments or feedback or topics to be covered under value education?

The session very very inspiring and give us hope.

Inspirational session

care and compassion

It's a very insightful and inspiring session

very fruitfull session

It was very nice session.

Please take session on more topics as such.

Its is a wonderful session. Its touch my hearts

It was a heart touching and inspiring session.

IT WAS INDEED A MEANINGFUL AND INSIGHTFUL SESSION.

It was a very valuable session

Re- igniting our hopes was really necessary.

No, the session was good.

The session was very inspiring and thought provoking. Skill development could be made another topic.

It is very inspiring class.

Real life experiences have so much knowledge to impart. Hence, I really value this session.

The session was wonderfully insightful. The session seemed well scripted and Fr. Linto's presentation of idea was marvelous.

Apart from other sessions father put the examples from his own life experience and from this point I wouldn't try to destroy anyone's hopes.

it was a really great session, providing insights onto how hope is not about waiting for things to get better, but also having the willpower to realize it.

It was really a eyes opening session and you well explained the experience of teaching and the cultural practices of Afganisthan. We were able to realize that there are a lot of things around that we do not know.

Itz process by people give moral values to each other.

I loved the session. Need more sessions. □

A very thought provoking session and understood the value of HOPE. Father's talking of each experiences he had in Afganisthan were heart touching. Thank you so much for conducting this session.

It was a good session

he defined every reaction of our body such as smile, tears everything had it's own stories. he give insightful thoughts about the hope. It give me the lesson that how to be hopeful even in a terrific situation also how can we keep others hope with our action. This session was from his life experience so, the values he shared has also life Very inspiring and insightful session

The session was very useful to understand the life situations of many people.

More life experiences is to be shared

It really a insightful session for me and I think in future also class like this will help us to move forward in a fruitful way.

Value education on Freedom & Gender by Dr Iris			
Programme Name	Value Education	Organizer	LCSS; Dr. Francina P.X, Department of Social Work
Date	11th August 2021	Time	10:15 am to 11: 30 am
Venue	Google Meet: https://meet.google.com/bqa-bxzm-ggp	Faculty In-Charge	Dr. Francina P.X

Programme Objectives	• To facilitate participants think critically about values of independence and gender • To facilitate participants to imbibe the importance of freedom (75th year of Independence). • To help understand the connection between human rights and Covid pandemic. • To inspire the participants to develop a sense of responsibility towards the society, especially gender related aspects
Resource Person	Dr. Iris Koileo, Associate Professor and HOD (Retd), Dept of Malayalam and Mass Communication, St. Xavier's College, Trivandrum.
Participants	108
Programme Activities	• The session began with Dr. Francina delivering the welcome speech and introduction of the resource person. • Dr. Iris gave a thought-provoking session on the topic of "freedom and gender". She highlighted how gender and freedom are intertwined, especially in the premise of the Covid 19 pandemic. Gender according to Dr. Iris is the freedom that we enjoy. When we lose our freedom due to gender disparity it often reflects a gross violation of human rights. She further pointed out that the 75th independence day and Onam is approaching, yet our freedom is restricted with masks and isolation. • Dr. Iris also pointed out the sad state of affairs in our

	country wherein gender inequality is preventing the Nation from building up a responsible youth and how we living in a conditioned society power have the supremacy to all moral values. She then proceeded onto mentioning how we are all privileged and are aware of the stratification and inequality existing in our society but have decided to be blind towards it. She emphasized how we should nurture kindness and help liberalize all those around us. ● She also spoke about the Sustainable Development Goals of the UN and how they too emphasize the need for gender equality and freedom towards a bright future. ● Clarifications and discussions (Questions raised by Brijita & Heerakrishna about gender disparities). ● The session concluded with Ms. Annu Thomas second semester student from the department of social work.
Programme Outcomes	● The participants found the session inspiring and incisive which they reflected in their feedback. ● They were able to connect the concept of gender and freedom and how it is important to ensure gender equality. ● They were able to understand that as youth they need to carve the ideas of gender equality into their morality. ● The participants were also able to clarify their doubts and queries and asked intriguing questions to which Dr. Iris provided satisfactory replies.
Supporting Documents	Photographs, Attendance, Feedback form
Student Coordinator	Ms. Aarya Mathew, II Semester MSW

Dr. Francina P. X
Staff in-charge of Value Education
Dept. of Social Work, LCSS

Student's feedback

To empower myself

The session was very insightful one.

Change thinking pattern

More know about the value of freedom and respect the women in the society. The equality of women with men, the education of girls are very important in the present situation.

Reiteration of the already talked about gender equality

Class was a more like women empowerment

In order to make a change in the prevailing cultures of society, the change has to begin with you.

Relating pandemic context to Freedom and Gender especially of women and transgender

The session was very insightful. It provides lots of factors that we have to restructure in our society.

Thought provoking and insightful session. As the resource person said the session provided with a lot of things to think about and reflect. Regarding the society. its attitude to women, about concept of freedom.

Women empowerment and value education

The concept that gender and freedom are related topics and in the premise of covid 19 it is a topic of important discussion. The session was simply superb with beating around the bush she was able articulate the realities to the point

There should be independent existence for women and men. Educated youth can trigger the change.

Understanding the importance of economic stability for women.

Helped to become a strong woman.

It was indeed a thought provoking session , really appreciate the efforts behind this.

Very good session.

The session was very thoughtful, inspiring and at the same time interesting too.

That this is a really important topic we should work on as a person rather than men or women.

Thoughtful

It is very informative session.

I could think about the original freedom and equality and also about the possibilities in this pandemic period.

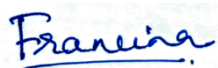
Thoughtful insights

How important in an individual attitudes about life. Positive attitudes create better future.

Good and new insights on freedom and gender

Importance of being employed women before getting married

How much important it is for women to be financially independent



Staff in-charge of Value Education
Dept. of Social Work, LCSS

Value Education on Freedom & Gender – Photos on 10th August 2021



Loyola College of Social Sciences,
Thiruvananthapuram
invites you for

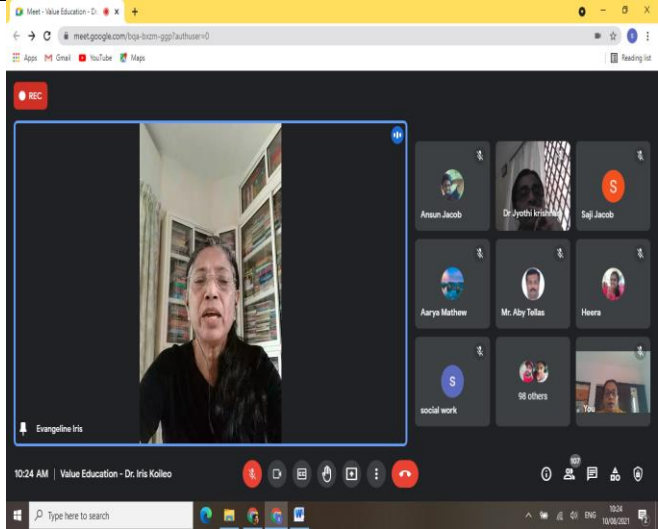
Value Education
on
Freedom and Gender

Dr. Iris.
Associate Professor & HoD (Retd)
Deptt of Malayalam & Mass
Communication
St. Xavier's College, TVM



<https://meet.google.com/bqa-bxzm-ggp> 10/08/2021
10.15 a.m.

Staff Coordinator: **Dr. Francina P. X**
Student Coordinator: **Ms. Aarya Mathew**



Meet - Value Education - Dr. Iris Kolleo

meet.google.com/bqa-bxzm-ggp?authuser=0

Apps Gmail YouTube Maps

REC

Aarya Mathew Evangelina Iris Annu Thomas JITHILA WILSON Anitha susheelak... Saji Jacob

Sunil Kumar social work Ann Mary George Delna John Ryan K AKSHARA SOBH...

Abhiramkrish has left the meeting Anandhu Bhavan... Brijith Maria Tho... 51 others You

11:20 AM | Value Education - Dr. Iris Kolleo

Type here to search

ENG 11:20 10/08/2021

In-call messages

Let everyone send messages

I thank you ma'am for the wonderful talk.

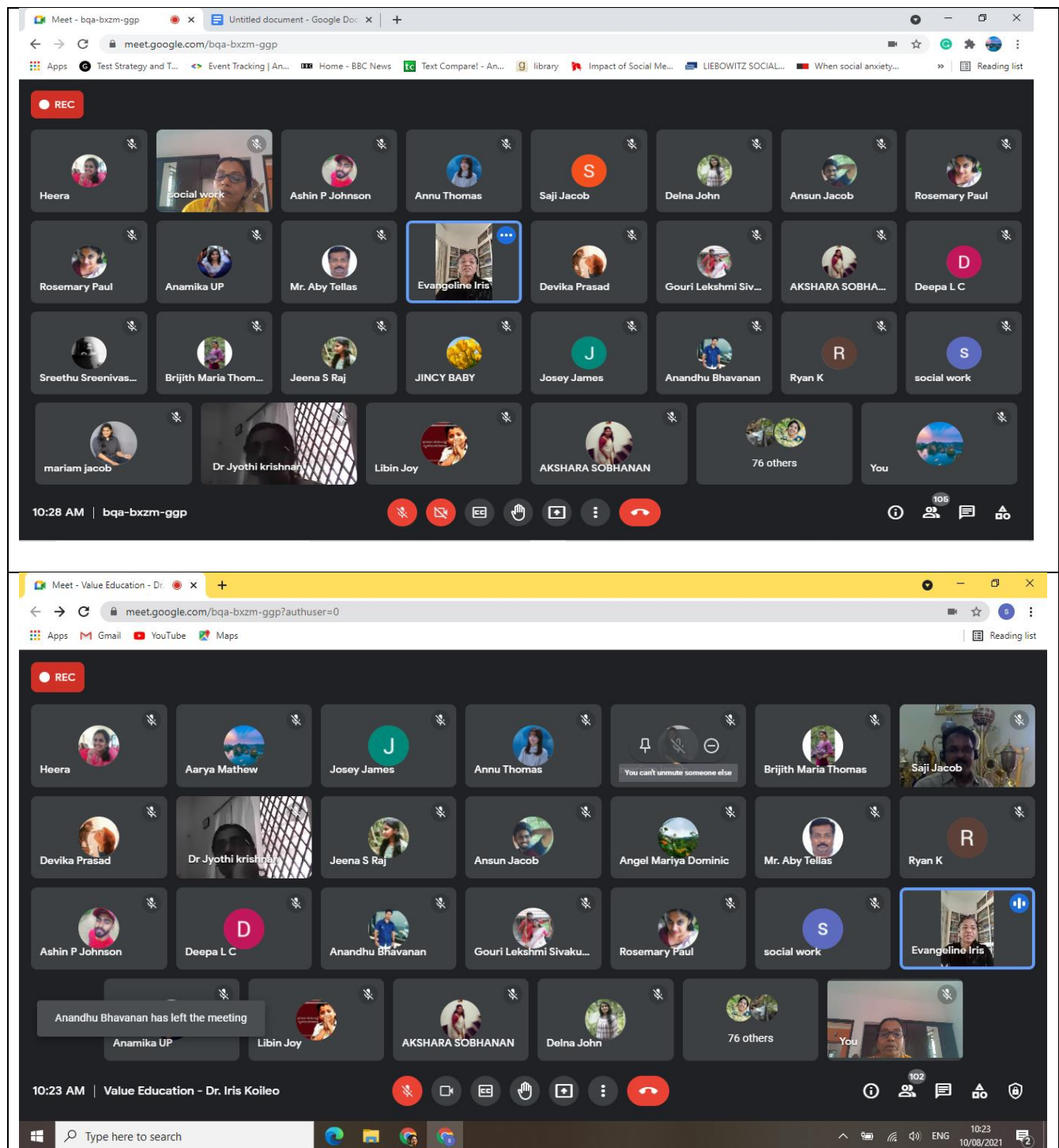
shyma salam 11:19 AM
Thankyou Maam

You 11:19 AM
Thank you so much for the thought provoking session dear Dr. Iris

Nayana Scaria 11:19 AM
Thank you so much ma'am

hima roy 11:19 AM
Thank you mam for some igniting thoughts

Send a message to everyone



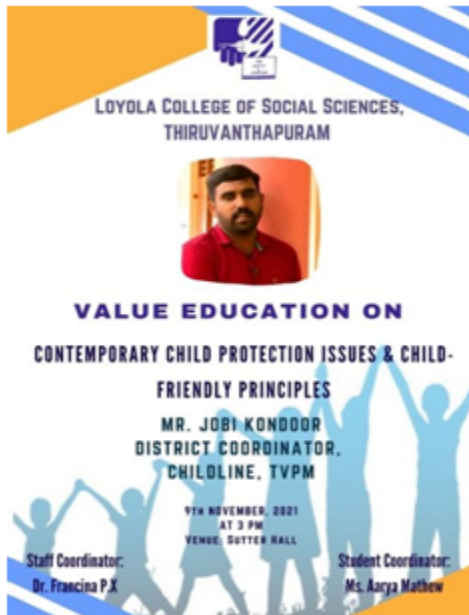
Francina

Dr. Francina P. X
Staff in-charge of Value Education
Dept. of Social Work, LCSS

REPORT: Contemporary Child Protection Issues and Child Friendly Principles			
Programme Name	Value Education on Contemporary Child Protection Issues and Child Friendly Principles	Organizer	LCSS, Dr Francina P.X, Dept. of Social Work
Date	9th November 2021	Time	3: 00 pm to 4: 00 pm
Venue	LES (Loyola Extension Services) Hall	Faculty In-Charge	Dr. Francina P.X

Programme Objectives	• To facilitate participants understand the significance of having moral values in everyday life. • To instill thoughts and ideas on the relevance of addressing child protection issues. • To enable participants to familiarize themselves with child rights and child-friendly principles.
Resource Person	Mr Jobi Kondoor, District Coordinator, Childline Trivandrum.
Participants	55

Programme Activities	• The session began with a prayer by Ms Aparna Raj and Ms Joshni Jose (MSW, 2nd year) welcomed the resource person and the participants to the programme. speech. • Mr Jobi Kondoore gave an insightful session on the topic “Contemporary Child Protection Issue and Child-Friendly Principles. • He also briefed on child-friendly principles such as the presumption of innocence. dignity and worth participation, best interest, family responsibility, safety, Positive measures, non-stigmatizing semantics, non-waiver of rights, equality and non-discrimination, right to privacy and confidentiality, institutionalization as a measure of last resort, repatriation and restoration, a fresh start, diversion natural justice and its relevance while dealing with children in need of care and protection (CNCP) and children in conflict with the law (CCL). • He also conducted a brief discussion on the issues about adoption concerning a recent issue that occurred wherein an infant was put into adoption without the biological mothers’ knowledge. • The session ended with Ms Areeba (MSc Psychology, 2nd year) delivering the vote of thanks.
Programme Outcomes	• The participants found the session enlightening and they practiced actively in the discussions that followed • They were able to realize and relate the child rights and child-friendly principles. • The participants were also able to clarify their doubts in concern with paradoxes associated with the protection of child rights.
Supporting Documents	Photos, Attendance
Student Coordinator	Ms Aarya Mathew, II Semester MSW



Poster of the programme



Mr Jobi speaking on child-friendly principle



Discussion on the issues of child rights



Ms Joshni (MSW 2nd year) delivering the welcome speech.



Case discussion



Ms Areeba (MSc Psychology 2nd year)
 delivering the vote of thanks.

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Value Education Programs-2019-20

Human Values



A session on Human Values was conducted for the outgoing students of 2017-19 Batches on 26th September 2019. The resource person was Fr. Jose Pulinthanath SJ. 20 students from various departments participated for the session. The resource person spoke about the importance of human values and how it's imbibed in our own life. He stated that "Values should not be taught, rather it

should be caught". This signifies the relevance of human values within the individuals. There are certain human values to be known and it does already exist within individuals. The whole session was so thought provoking. It was one hour session which began from 2 pm at Sutter hall.



Social Engagement



As part of Value Education a session was conducted on the topic 'Social Engagement' and guest for the day was Dr Abey George, Associate Professor at Kerala Institute of Local Administration (KILA). It was a one hour session which was conducted at JM Hall from 2-3 PM. The speaker focus on the idea of Social engagement and different angles associated to it. The speaker also cited the real life examples and its relevance in the society and also to the job atmosphere. Students got the opportunity to ask their doubts and also to share their ideas and opinions.

Animal Protection and Environment Ethics



A session on Animal Protection and Environment Ethics was conducted on 3rd February 2020 at Sutter hall by 2 pm. The session was moderated by David Ramsden, a volunteer in the International Animal Resource Group, Manchester UK. The following topics were covered in the session:

-) The process of exploiting animals in dairy industry
-) The way animals are killed in slaughter house
-) The relevance of veganism
-) The way dairy industry is connected with health industry
-) The relation between climate change and livestock and their by products
-) The relation between water use and animal industry
-) The relation between land use and livestock
-) The impact of human lifestyle on exploiting animals

Certain videos related to the exploitation faced by animals were shown throughout the presentation. The session came to an end by 4 pm.

Basic Human Values



A session on 'Basic Human Values' was taken by Dr. Jasmine Sarah Alexander, faculty of Social Work on 11th February 2020 at Sutter Hall By 1:20 PM. It was conducted under the frame work of Value education. 75 students participated for the session. The topics covered include Universal Human Values, the need and importance of human values. The resource person defined the concept human values and its significance. The formation of

human values and the 5 universal human values were stated and described with stories. Why human values were considered controversial or sensitive on discussion platforms were analyzed. The process of forming a strong value identity and why people study values were also discussed in the session. As the time reached there was no time for student interaction.



Work Ethics: Harmony at Work place

Value education conducted a session on the topic **Work Ethics: Harmony at Work Place**. The session was held on 10th March 2020 at LES hall by 1:30 PM. The session was moderated by Mr. Balagopal Nair who is working as Head of HR – TCS Utilities business unit in the Tata Consultancy Services. Ansu Jacob from first year MAHRM officially welcomes the gathering. Around 75 students from various departments participated for the session.

The class started by defining the concept work ethics. The whole session discussed on different avenues of work ethics. The speaker of the day tried to explain the main difference between business ethics and personal ethics. The key traits of work ethics are as follows:

-) Appearance
-) Communication
-) Punctuality
-) Productivity
-) Respectful
-) Teamwork
-) Attitude discipline and integrity

Mr. Balagopal also explained the value and importance of each component. After the official presentation the platform was open for discussion. The students raised their concern with regard to the changing ethics in the contemporary corporate world and also the need to hold one's own ethics to the work atmosphere. The session had a fruitful interactive session. The session came to an end by 2:35 pm with the official vote of thanks delivered by Nibitha (First Year MA HRM).

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Value Education Programs-2018-19

Talk on International Peace



Value education conducted a talk on International Peace and the session was moderated by Sr. Clare. The session was held on 7th November 2018 at Sutter hall by 2:30 PM. The resource person spoke about the relevance of the topic in the contemporary world, which is filled with chaos and conflict. Students got the opportunities to interact with the guest where they shared their ideas about peace, social dimensions and the current reality of it.



Value Education- Fr. Jose Pulinthanath



A session on value education was conducted on 27th November 2018 at Sutter hall by 2:30 pm. The session was handled by Fr. Jose Pulinthanath. The basic concepts of human values were discussed throughout the session. Moreover it was an activity session, where the resource person engaged the students in activities. Throughout the activity, he tried to explain different values that should be imbibed by the individuals. It was almost a one hour session where students actively participated for the same.



Social Engineering and Cause Marketing



The Loyola College of Social Sciences conducted a value education class with an eminent speaker Mr. Ram Kamal on 15 February 2019 at Sutter hall by 2:30 PM. He is the Executive Director of Chakshumathi Assistive Technology Centre, Experience Foundation, and International Non-Governmental Cooperation Organization for Renewable Energy and the CEO of National Program for Prevention and Eradication of Heart Attack. He interacted with the students about his experience being part of development of blind and creating technologies to assist them. His organization is mainly run by the help of volunteers around India.

Forests and Education

In association with World Forest Day, a talk was organized under the theme “Forest Conservation and Education” on 21st March 2019 at Sutter hall from 2:30 pm. Conservation Photographer Shri Balan Madhavan was the chief guest of the day. The session was organized by College union. Balan Madhavan is one of the most sought after travel photographers in India. He is a fellow of the International League of Conservation Photographers, the only one from India. He has taken part in conservation projects in USA and Mexico along with many top wildlife photographers of the world. The resource person spoke on his experience and also motivated the students to follow their passion.

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Value Education Programs-2017-18

Session on Buddhism-A Way of Life

Value education conducted a session on the topic 'Buddhism- A way of Life' on 13th Feb 2017 at Sutter hall by 2:30 pm. The session was more over an interactive session with Lobsang Aaron. Aaron is a teacher in Nalanda philosophy and also founder of Discover Nalanda-Key to 1000 doors. *Discover Nalanda* is a vibrant platform for the learning and application of India's time tested logic knowledge systems in today's world. He is also the founder of HUM Community. Hum is a community platform that connects professional and qualified service providers with clients who need their service and expertise. The speaker spoke on Buddhism and its origin, life style and different avenues related to it. The whole session was beneficial to the students with regard to culture and also in terms of exposure of opportunities.

Connecting People to the Nature



Value Education conducted a session on the topic 'Connecting People to the Nature' on June 5 2017. The talk was conducted as part of World Environment day. The guest for the day was Dr James George, the Director In-charge of ICAR-(Central Tuber Crops Research Institute) CTCRI, Trivandrum. As part of the special day, saplings were planted in the college campus.



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Value Education Programs-2016-17

Environment and OISCA International

A session on Environment and OISCA International was conducted on 10th June 2016 at Sutter hall by 2 pm. The session was moderated by Dr. L. Radhakrishnan, Alumni of Loyola College of Social Sciences. The session mainly dealt with the organization called OISCA. OISCA is an acronym for ORGANIZATION for INDUSTRIAL, SPIRITUAL and CULTURAL ADVANCEMENT. INDUSTRIAL refers to the promotion of agriculture and other primary industries that are fundamental to human existence. SPIRITUAL, not to be confused with "religion," focuses on the need to nurture qualities such as self-reliance, dedication to one's community, international brother-sisterhood, and respect for the Earth's ecological integrity on which life is grounded. And CULTURAL is the intent to encourage the magnificent cultural diversity that has enriched human life, and the universal need to promote cultural patterns such as peace-building. OISCA International contributes to Humanity's environmentally sustainable development through a holistic approach, emphasizing the interconnectedness of agriculture, ecological integrity, and the human spirit. OISCA International implements and advocates hands-on experiential programs for world citizens of all ages and aims to transmit knowledge and skills, and cultivating spiritual qualities as dedication, self-reliance, and universal brother-sisterhood.

Human Values



An interactive session on Human values was conducted on 17th June 2016 by Fr. Joye James. The whole platform moved through a line of interaction where the entire participants were divided into 4 groups. Fr. Joye approach each groups and ask the students to share their ideas about values and its different dimensions. After their sharing the resource person explain the concept to the participants and his insights. It was more over a complete interactive session rather than an official lecture.



Session on Positive Visualization

Value education conducted a session on the topic '**Positive Visualization**' on 9th July 2016 at J.M. hall from 2-3 pm. The session was moderated by Dr. Angelo Mathew, Assistant Professor of Department of Personnel Management. The speaker touched upon different avenues of the topic. Positive Visualization is a wellness technique that has been used for centuries to prime the mind. It is the process of using your imagination to visualize a desired future outcome, especially one that may not seem possible at present. He cited the examples of athletes. Studies show that visualization increases athletic performance by improving motivation, coordination and concentration. It also aids in relaxation and helps reduce fear and anxiety. When the platform was open for discussion, students expressed their ideas on the topic they had. The whole session came to an end by 3 pm.

SESSION WITH THE UNICEF CHIEF



Value education organized a session with Mr. Job Zachariach –the United Nations Children’s Fund (UNICEF) chief for Tamil Nadu and Kerala on August 5th 2016. The session started at 9.30 am with Rev. Fr. Joy James introducing the guest to the gathering and the role of UNICEF in facilitating the welfare of children at different parts of the country. Then the chief guest was invited to address the gathering.

Mr. Job started by asking questions to the crowd gathered about the role and status of women. He raised a question about how the society will view a woman slapping her husband and a man slapping his wife? He asked the members of the student community there in Sutter hall to answer the same. There aroused a difference of opinion. Then he pointed out is due to the conditioning of the values of an individual which is done from the beginning of life.

Mr. Job tried to figure out the vulnerable status of women and children in all societies in this modern world. To substantiate his point he cited some statistical figures at both national and international levels. He then moved into stating a need of action for a change. For this the youth of the country has a big role in it. Mr. Job called the youngsters as the reserve of energy. This energy has to be used for the betterment of life for all in the society.

Mr. Job then spoke of a new programme to be launched -The UNICEF-Youth Ambassadors. This programme is being planned with a vision to make committed youngsters the ambassadors of UNICEF to bring a change in the society. He concluded his speech by asking the younger generation to be vibrant as the world needs them. Then the floor was opened up for a discussion. Mr. Job answered all the questions raised by the students. Then Dr. Jose Boban, Principal delivered the vote of thanks. With that the interactive session came to an end by 10.30 am.

Spirituality and Religiosity



A session on **Spirituality and Religiosity** was conducted on 5th September 2016. The guest for the day was Fr Sebastian Parindath SJ, Director of Sameeksha, Kallady. The resource person explained about the concepts of spirituality and Religiosity and the relations between these concepts. He also explained how individuals perceive these concepts in their day today life. Later it focused on the social dimensions and interpretations of religiosity and spirituality. The whole session moved towards an interactive platform where students were divided into different groups and they present their understanding about the topic.



Public Speaking



A session on Public speaking was conducted on 27th September 2016 at Sutter hall. It was a one hour session from 2-3 pm. Hari Namboodiri was the guest for the day. He is an alumna of Loyola College of Social Sciences as well as a Community Leader & Social Activist. The session mainly focused on the need of public speaking and how it helps to mould individual in their life. More than an official lecture, the resource person spoke on his life experiences he had to encounter throughout his life because of an effective speaking.

Breast Cancer Awareness



SPARSHAM, the student association of MSc Counselling Psychology organized the value education session for the month of October. The topic for the day was Breast Cancer Awareness. The session was handled by Dr Nidhin Raj clinical Oncologist SUT hospital Pattom. October is the Breast Cancer Awareness Month and the speaker for the day spoke about its importance and touched upon different avenues of it. It is an annual campaign to raise awareness about the impact of breast cancer.

Session on Overseas Education



As part of value education, a session on overseas education was conducted on 15th November 2016 at Sutter hall from 2 PM -3:30 PM. The representatives from Edwise International conducted the session. Edwise is one of India's Leading Overseas Education Consultants. Throughout the session they explained their prospects and opportunities available for the students in terms of education and job.