

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



CRITERIA 7: Institutional Values and Best Practices

7.1.9- Sensitization of Students and Employees of the Institution to the Constitutional Obligations: Values, Rights, Duties and Responsibilities of Citizens

**7.1.9-5: Outreach Activities Initiated and Participated by the students of Loyola College
2016-2017**

2020-21 (2 Reports)

2019-18 (4 Reports)

2018-19 (4 Reports)

2017-18 (6 Reports)

2016-17 (13 Reports)

Total Number of Reports: 29

SL No	Name of the Programme	Reports
1.	Covid Related Activities Done By 2 nd Semester MSW Students-2021	Report Attached
2.	Inauguration Of Samagram Wellness Centre At Poonthura, Thiruvananthapuram-2021	Report Attached
3.	Community Work Among Children-2019	Report Attached
4.	Visit To Vithura Tribal Settlement And InteractingWith Padmasri Lekshmi Kuuty Amma	Report Attached
5.	Visit To The Migrant Labour Settlements	Report Attached
6.	Visit To The Old Age Home	Report Attached
7.	Engaging With Tribal Community And An Interaction With The Padmashri Lekshmi Kutty Amma	Report Attached
8.	Visit To Kottoor Tribal Settlement-2018	Report Attached
9.	Continuing Education Field-Literacy Campaign	Report Attached
10.	M.A. Sociology: Old Age Home Visit	Report Attached
11.	Intervention At Rotary Special School – “Phoneix”	Report Attached
12.	Old Age Home Visit-Ma Sociology	Report Attached
13.	Pothichoru Distribution At Medical College	Report Attached
14.	14th November 2017 – Children’s Day Program At Cheruvickal School	Report Attached
15.	Christmas Celebration At Bethelgram Old Age Home	Report Attached
16.	VISIT TO ANANDA NILAYAM ORPHANAGE-Msc Counselling Psychology	Report Attached
17.	Survey At Anchuthengu (Anjengo)	Report Attached
18.	Attapadi Live In Experience	Report Attached
19.	Tribal Visit To Ranni Goodrical Forest Division	Report Attached
20.	One Day Visit To Government Care Home	Report Attached
21.	Blood Donation Camp-2016	Report Attached
22.	Children’s Day Celebration By Counselling Psychology Students At Sreekariyam School	Report Attached
23.	PRAVASI MASDOOR SWASTHEY SHIVIR- (Free Health Awareness And Medical Camp For Migrant Laboureres)	Report Attached
24.	Awareness Class On Personal Hygeine For Migrant Workers	Report Attached
25.	Christmas Celebration At Elderhome, Pulayanarkotta	Report Attached
26.	Hepatitis Detection Camp At Rajajinagar	Report Attached
27.	Lifestyle Detection Camp At Rajajinagar	Report Attached

28.	Migrant Labourers Settlement Visit	Report Attached
29.	Outreach Activities With Different Ngos	Report Attached

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



**7.1.9-5: Outreach Activities Initiated and
Participated by the students of Loyola College**

2020-2021

(2 Reports)

COVID RELATED ACTIVITIES DONE

BY II SEMESTER MSW STUDENTS 2021

During the pandemic period, due to lock down all our students were in their home town. Though there were restrictions, many of our students tried to volunteer in the Covid Related Activities of the local Self Government in their respective localities. The major activities engaged are the following:

1. Engagement with District Mental Health Programme (DMHP):

As preparation to this, one training session on “Psycho-Social Care” was conducted in collaboration with DMHP Training on 16th May 2021 online from 10.45-12.45 p.m. Many of them are working as **Volunteers** with the District Mental Health Program (DMHP), Trivandrum. DMHP work as part of the Government’s ‘Ottak alla oppem undu’ program aims to provide psycho-social support amongst the patients under quarantine or in isolation due to Covid-19 disease via tele-counselling. The various duties undertaken include:

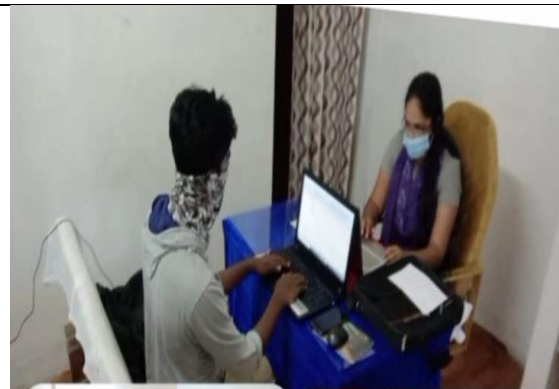
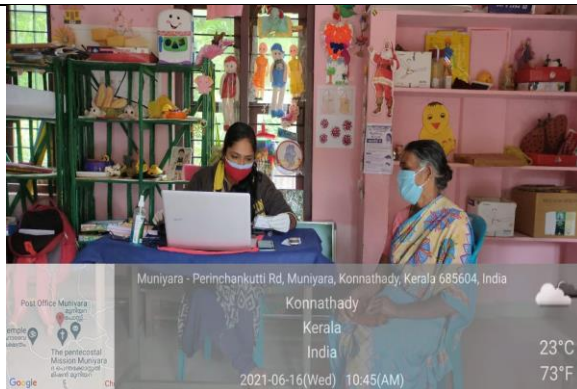
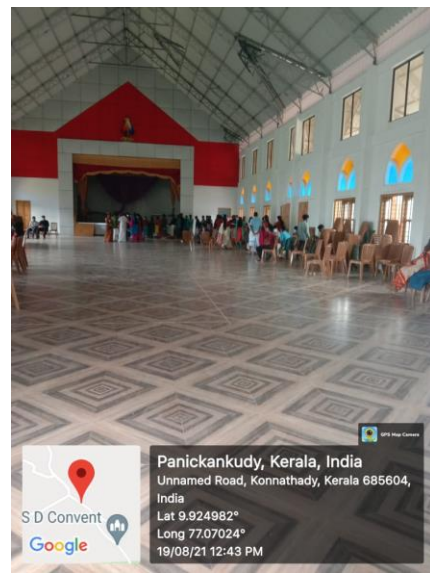
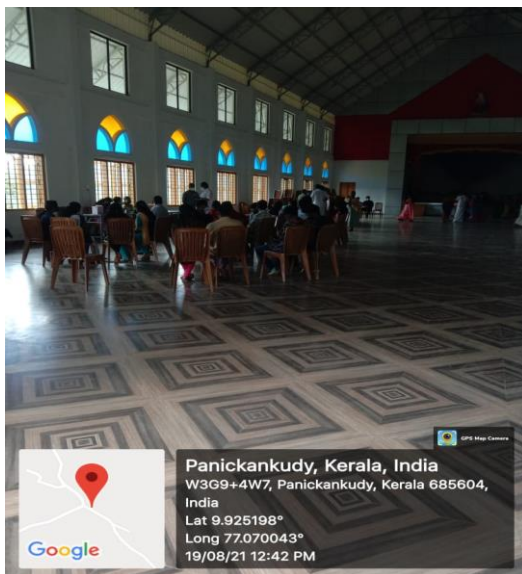
- ❖ To undertake tele-counselling to provide psycho-social support for the patients under quarantine or in isolation due to the covid-19 disease.
- ❖ To report the cases of patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.
- ❖ To report the cases of patients suffering due to social problems such as lack of access to medicine and food.
- ❖ To share the Government helpline numbers with these patients.
- ❖ To follow up with the patients who have completed their quarantine to provide psycho-social care.

Consolidation of Tele-counselling undertaken undertaken: 26-05-2021 to 20-08-2021 (84 days)

Sl. No.	Particulars	Number of calls
1.	No. of student volunteers for tele-counselling:	25
2.	Number of days completed as on 20-08-2021	41 days
3.	Number of Covid positive patients contacted	14961
	Number of follow-up calls made post quarantine (patients suffering psychological symptoms such as tension, sadness, anxiety, sleep issues.)	4744

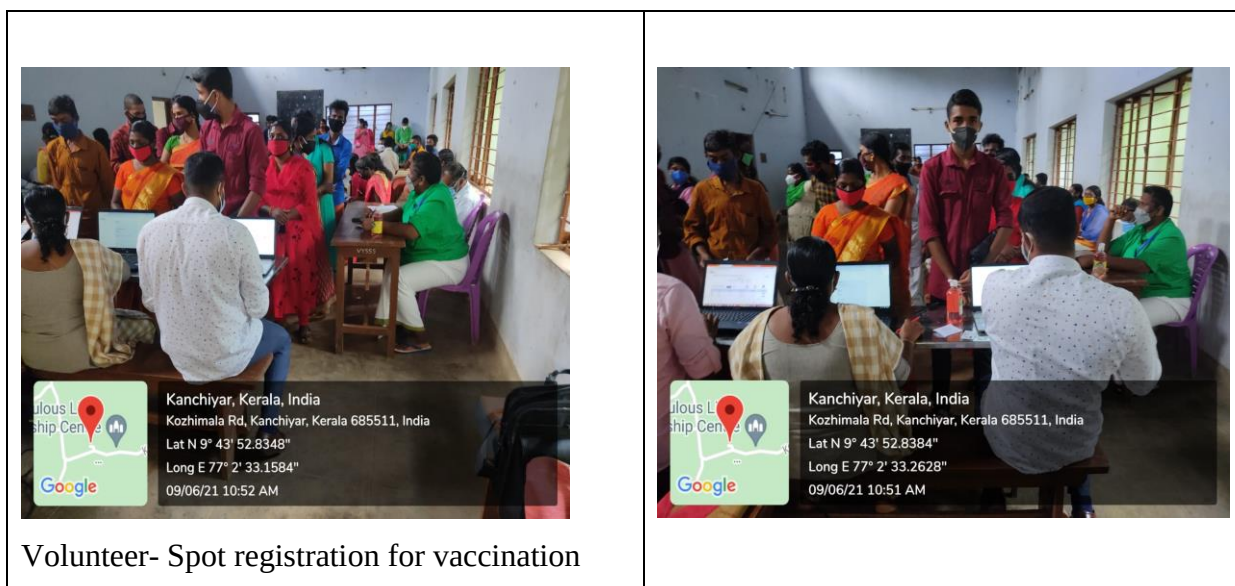
2. Engagement with Konnathady Grama Panchayath, Idukki: Ms. Angel Maria Dominic has been working with 6th ward of Konnathady Grama Panchayat, Idukki District, Kerala focusing on covid related activities at community level. She has worked in the areas of

- Formation of Jagratha samithi and area assignment to rapid response team
- Collection of quarantine details of the ward
- Formation of Emergency response team
- Format preparation for updation of covid vaccination
- Data collection of all members of that particular ward for vaccination
- Covid situation analysis among aged people through google forms and telephone
- Data updation of members
- Covid vaccine registration



3. **Engagement with Kanchiyar Grama Panchayath, Idukki:** Libin Varghese working as a volunteer at various Covid 19 related activities at Kanchiyar Panchayat Idukki. The major activities included the following:

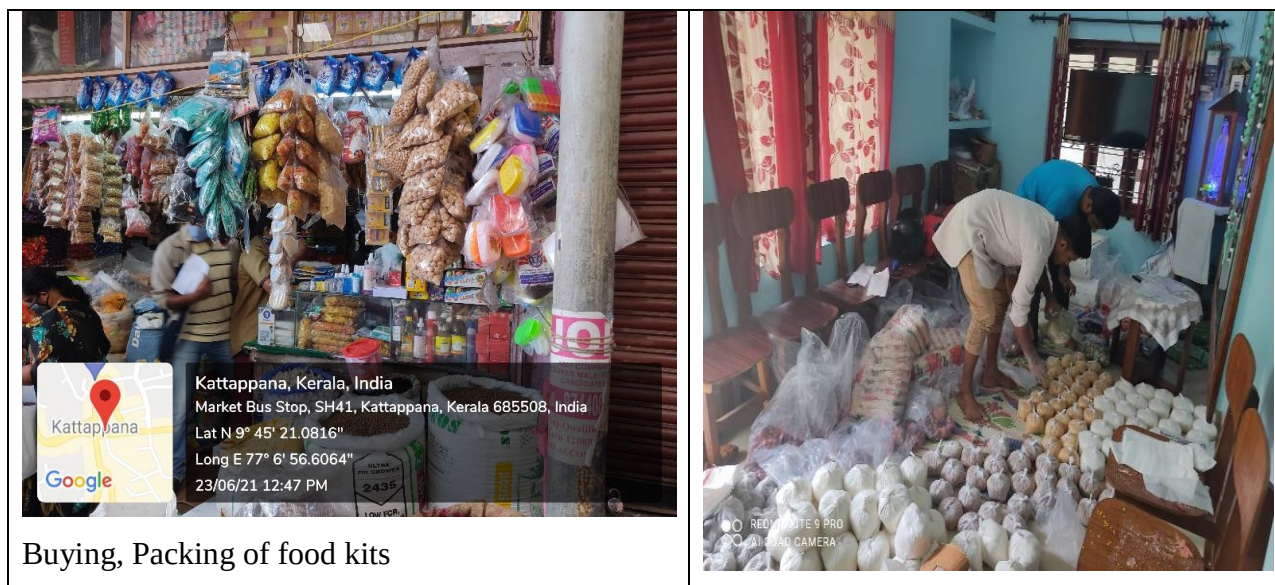
a. **Volunteer as Spot registration and vaccination for tribes of Kozhimala:** This was done on 8th June 2021. 385 tribes got registered and vaccinated on this day. The details were collected as per the requirements of the site. The procedure of the vaccination was first they wanted to register their details on spot vaccination site meanwhile people were being verified by the volunteers. After vaccination there had 30 minutes observation. The whole people were gathered with the help of ward members. There was a duty doctor, 6 nurses, 4 ward members, 2 technicians, an Anganawadi teacher, 4 ASHA workers and a social work trainee.



b. **Registration of Senior Citizens in Ayyapankovil and Kanchiyar Panchayath:** A google form was used to collect information from around 50 senior citizens, who live alone without the help of their children, were selected for this programme. The trainee helped them to register for covid vaccination.



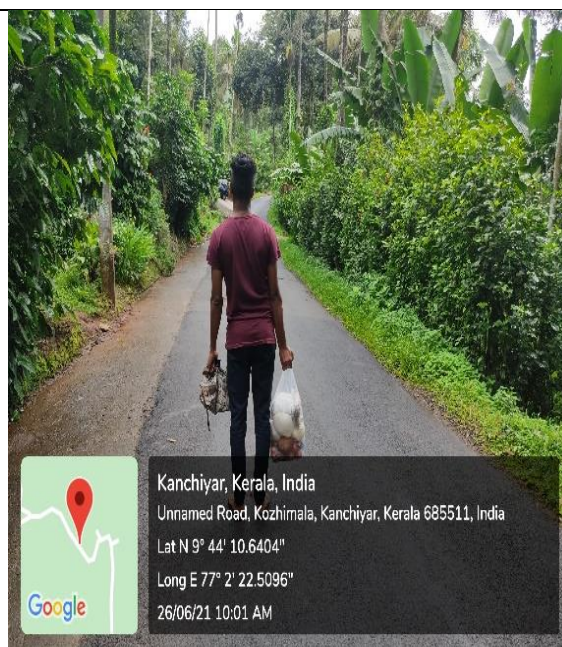
- c. **Distribution of Food Kits for senior citizens of Ayyapankovil and Kanchiyar Panchayath:** On 23rd June 2021, social work trainee bought the food kit materials and medicines for the senior citizens . On 24th June 2021, with the help of volunteers the trainee packed the food kits for the distribution. Finally on 26th June 2021, they distributed the food kit along with medicines to the senior citizens.



Buying, Packing of food kits



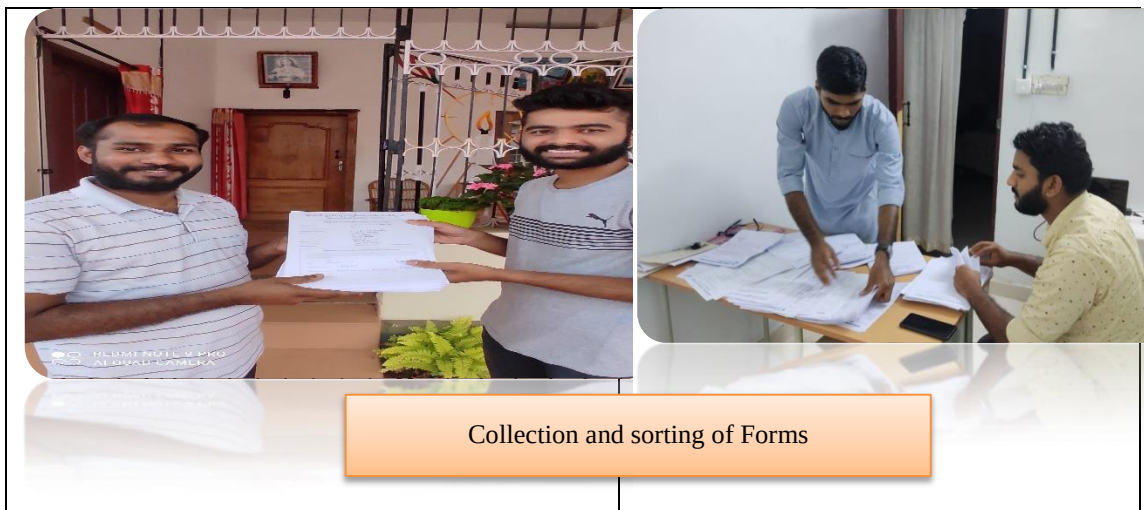
Packing of food materials



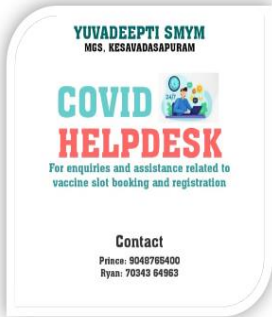
Distribution of food kits

d. Facilitation of distribution of Free Study Guide (Labour India) to economically backward students of Idukki districts: On 30th may 2021, Libin sent an email to Labour India a request to provide support by providing Labour India Guide to 10,000 disadvantaged students in Idukki district. Labour India Publications Limited is **an educational publisher** based in Marangattupally, Kottayam, Kerala, India. It publishes educational monthly journals in three languages, for students of pre-primary

level to Plus Two level and entrance exams. Labour India team accepted this request. He distributed the form to collect details from students who would need Labour India. He collected filled in forms through youth volunteers of Idukki district and reached these forms to Labour India office in Marangattupally. After receiving these forms, Labour India team supplied the books to the eligible students.



4. **Covid Related interventions done at Thiruvananthapuram coastal areas:** Josey James was able to animate a group of youth and laity from his parish and was able to do considerable work in relation to Covid Pandemic. The details are given below:

a. Distribution of Study Materials to Economically backward students: Due to Covid pandemic all the school going children have online classes. • They distributed study materials distributed for 200 students at St. Mary's School, Pattom on 15/06/2021. • In this activity he was able to mobilise 20,000books, 1000pens, 1000 pencils, 200scales to the students those who coming from coastal area.	 Study Materials distributed to students from Coastal areas studying in St. Mary's high school.
 	b. Medical kit: Medical kit is provided to around 50 poor families at Kesavadasapuram ward on 27/06/2021. In this medical kit pulse oximeter, 10-glose, 2-bottle sanitizer, 10-mask, termometer, vaporizer with the help of family Apostolate changanacherry
c. COVID 19 help desk - Helped old people for slot registration to take Covid vaccine started on 15/06/2021. Through this activity the trainee co-ordinated for enquiries and	

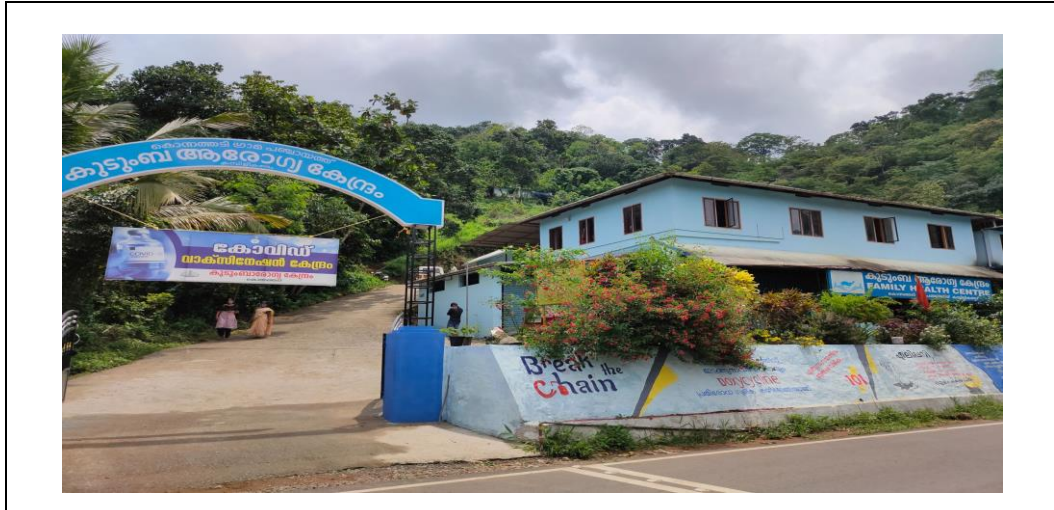
assistance related to vaccine slot booking and registration.	
d. Dress distribution in Sadhana Mental Rehabilitation Centre, Monvila on 28/06/2021. The trainee collected money from people and bought dresses like 1200 Lungi, 800 T-Shirts, 800 Bermudas for the mentally challenged residents of the Manvila Sadhana centre.	
	e. Distribution of SMART Phones to Economically backward students: Phone, sim and net recharge for one year to the students for the online classes f. Tele-counselling from 20/05/2021 for the old people who are living alone in Kesavadasapuram ward, Thiruvananthapuram. The trainee talked with old age people who are living alone in their houses. People shared their tension, anxiety and problems related to their children who are abroad. Total calls 50.

- 5. Community Kitchen of Udayamperoor Grama Panchayath (Ernakulam district): Mr. Sreehari A K,** worked as a volunteer in the Community Kitchen of Udayamperoor Grama Panchayath (Ernakulam district) for 15 days from 07/06/2021 to 21/06/2021. The community kitchen was opened in JBS LP School Udayamperoor. The major activities included participation in consolidating the list for the food supply (Those who are Covid

positive and home quarantined); Cleaning activities related to community kitchen; effective waste management in the community kitchen; food supply in the 15 ward of Udayamperoor Grama Panchayath and arrangement of sponsorship for the community kitchen. .



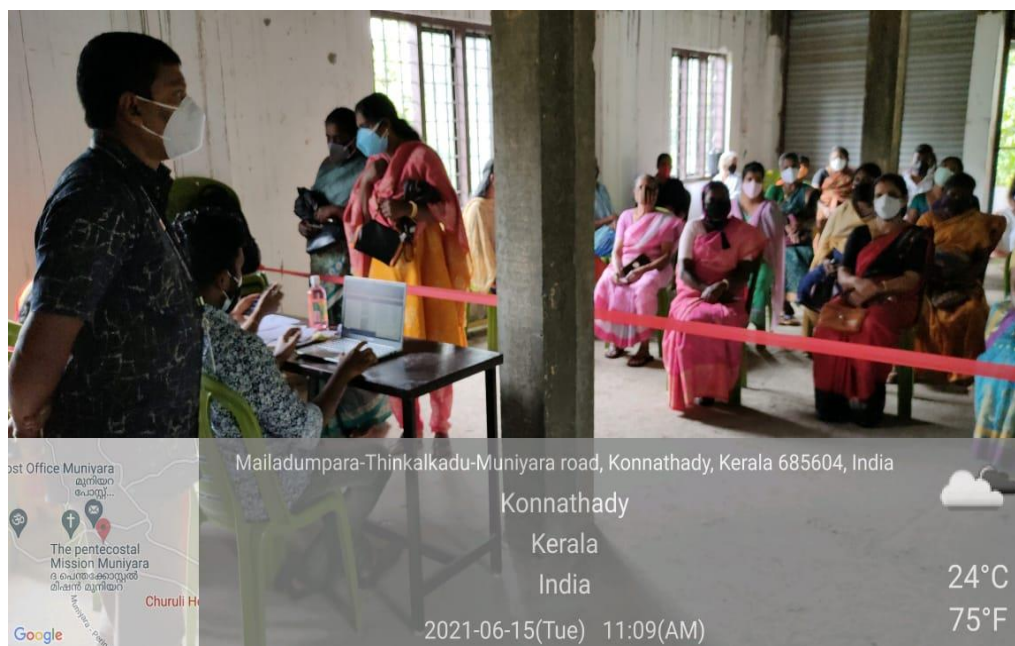
6. Voluntary Service at Family Health Centre (FHC) Konnathady



The Social work trainee got an opportunity to do voluntary service at Family Health Centre (FHC) Konnathady during the 2nd wave of the covid 19 pandemic. The trainee started his service from 3rd May 2021 and ended it by 30th June 2021. During those days the trainee was able to do different services for the people.

- a. **Work in relation to Rapid Response Team:** The First duty assigned for the trainee was to handle the Covid19 Jagratha account of Medical Officer (M.O) FHC Konnathady. The major works of Jagratha portal are; Daily compilation of new list of covid positive patients of Konnathady Panchayath; contacting them to enquire about location of their residence and transfer their profile to the jagratha accounts of the respective health staffs who are in charge of monitoring them. It's calling "RRT Mapping" (Rapid Response Team Mapping). He also assisted redirecting details of people living in other Panchayath, who by mistake come to their panchayath account. For this too he had to call patients, collect their details and transfer them to the account of their respective PHC's or FHC's.

- b. He also assisted in the work related to daily release of Covid positive patients who completed 17 days of quarantine from FHC Konnathady's Jagratha account. This is done by giving negative remarks and also release them from the quarantine completed list. He also done death marking of the positive patients. Also maintained a list of positive patients, who are referred to Hospitals and CFLTCs. Also assisted in downloading covid negative certificates from the jagratha portal.
- c. **Covid test duty:** Registering people for RTPCR test at “LAB Diagnosis Management System” account” of FHC Konnathady. Antigen test result entry, , verification and approval at “labsys account”, giving the printouts of the test results to people as per their request, helping the health staff in doing spot registration for RT PCR test, writing down the details of the people who registered for RT PCR test on a name slip and pasting it to the bottles given to them for collecting their swab for the test were the main activities done in this regard.
- d. **Covid vaccination duty;** Here Vinayak has helped the people to mainly to register themselves for vaccination and also helped with spot registration of the people who came for vaccination. He also assisted in verification and confirmation works.



Pic: Covid Vaccination Duty at Family Health Centre, Konnathady

- e. **Covid vaccine observation room duty:** Where the trainee wrote down the details of the people who came for vaccination in the Hospital register, gave a slip to the people about the name of the vaccine taken, date of the first dose taken and date for the second dose and also gave four paracetamol tablets.



Covid Vaccine Observation Room Duty

- f. **Covid vaccine registration camp at Muniyara Anganvadi:** This was done along with his classmate Angel. The trainees did vaccine registration to the economically backward elderly in the locality. The camp was conducted as per the request of the ASHA workers of that area. Besides this, he has extended his Taking printouts of the office documents as per the requests of the Health staffs. He has also helped in the data entry works of the field staffs as and when required.



7. Ms. Aliyath Sumayya K Y started Covid related Community field work in 8th ward of Edavilangu panchayath from 12/07/2021. She visited the Domiciliary care centre and interacted with staff and RRT member.



Conclusion

Even in the midst of Covid Pandemic all the students of the department were actively involved in the Covid related interventions in their own area. While most of them engaged in the extension activities related to DMHP, seven of them were able to associate with the local self-government and work as volunteers. They stopped the work temporarily as the university exams begin on 2nd September 2021.

Francina

Dr. Francina P. X
Faculty in-charge – I & II sem. (Extension Activities)
Dept. of Social Work, LCSS

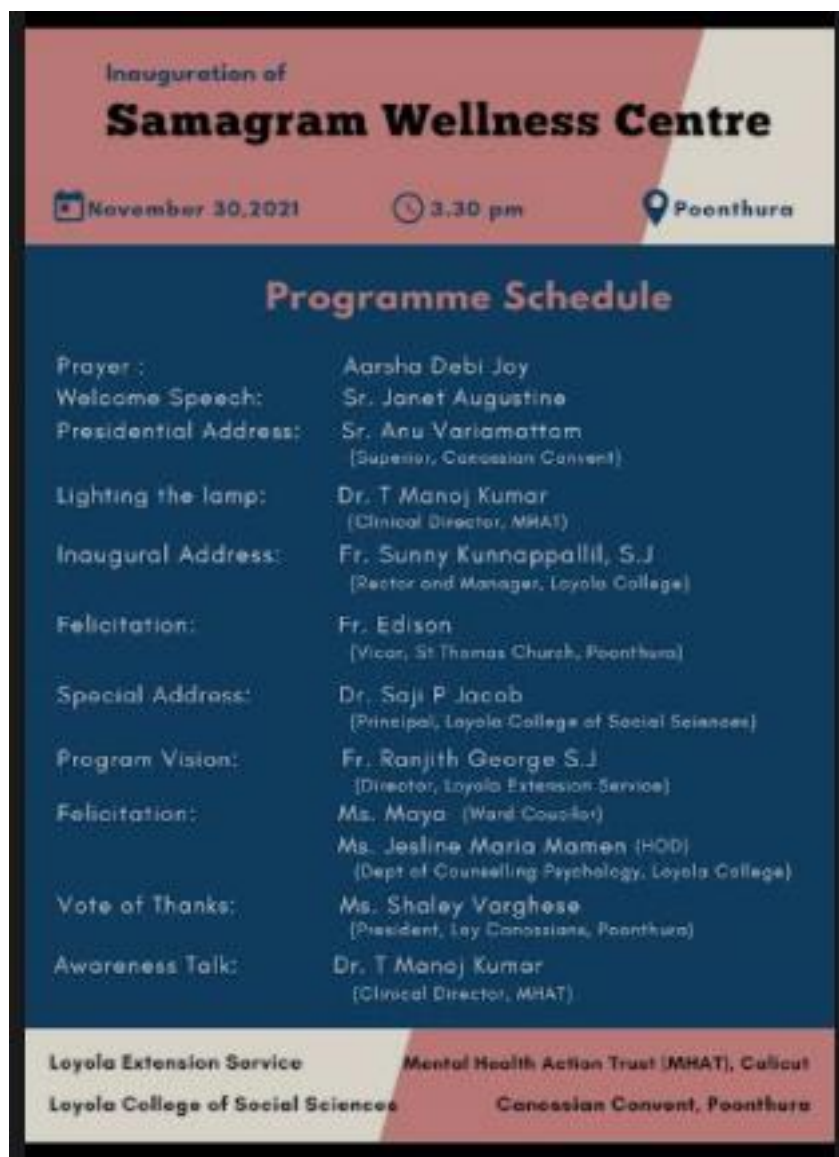
Department of Counselling Psychology

Programme Name	Inauguration of Samagram Wellness Centre at Poonthura, Thiruvananthapuram	Organizer	Department of Counselling Psychology, Loyola College of Social Sciences(Sreekaryam), Loyola Extension Services (Sreekaryam), Mental Health Action Trust (MHAT, Calicut), Canossian Convent (Poonthura)
Date	November 30, 2021	Time	3.30 pm – 6.00 pm
Venue	Canossa English Medium Nursery school, Poonthura	Faculty in charge	Ms. Jesline Maria Mamen, Dr. Ammu Lukose & Dr. Pramod S.K.
Programme Objectives	To develop students: • Understanding on how to initiate community engagement for the purpose of setting up a mental health centre in the community. • How to engage in the community for need assessment. • By interacting with community members, to gain counseling skills. • Collaborative and interpersonal skills by working together with the MHAT team and the Canosian sisters.		
Resource person	Dr. Manoj Kumar (Psychiatrist, Clinical Director, MHAT)		
Participants	• Manager and Rector, Loyola College of Social Sciences • Principal, Loyola College of Social Sciences • Director, Loyola Extension Services • All faculties and students from the Department of Counselling Psychology • Vicar, St. Thomas Church, Poonthura • Natives of Poonthura • Canossian sisters and Lay Canossian members		

Programme activities	The Inauguration of "Samagram Wellness Centre", a collaborative project of Mental Health Action Trust (MHAT) Calicut, Canossian Convent, Poonthura, Loyola Extension Services (LES), and the Department of Counselling Psychology, Loyola College of Social Sciences, Trivandrum, was held at Canossa English Medium Nursery School, Poonthura, on November 30, 2021, at 3:30 pm. This programme aimed to inaugurate a wellness center at Poonthura, providing wellness and supportive counselling facilities to the natives of Poonthura. Poonthura is a coastal area where about 17,000 people reside. The program started with a welcome speech given by Sr. Janet Augustine, Facilitator, Networking & Partnership of the Samagaram Project. It was followed by the presidential address of Canossian convent superior, Sr. Anu Variamattom. Both of them provided an overview of the work done by Canossian sisters in the Poonthura community. The chief guest, Dr. T. Manoj Kumar, inaugurated the program. After which, Fr. Sunny Kunnappallil, Rector and Manager of Loyola College of Social Sciences, delivered the inaugural speech. In the felicitation speech given by Fr. Edison (Vicar, St. Thomas Church, Poonthura), he explained the problems that exist in the Poonthura community and emphasized the need for psychological support for the wellbeing of this community. The Director of Loyola Extension Services, Fr. Ranjit George, gave a talk on the vision of the program. Ms. Jesline Maria M. Mamen (HOD, Dept. of Counselling Psychology, Loyola College of Social Sciences) extended the psychology department's wholehearted support to the vision of the wellness centre. Dr. Manoj, the Clinical Director of MHAT, pointed out in his awareness talk how the wellness centre is planning to work in the Poonthura community and how it will help to tackle the community members' problems, as well as the importance of such a wellness centre in Poonthura. After his awareness talk, a discussion was carried out during which some of the residents of Poonthura and the Lay Canossian Members addressed their concerns and doubts. Dr. T. Manoj Kumar and his team, along with Fr. Ranjit, cleared all their doubts and also gave an idea about how Counselling Psychology students can take part in this project.
Programme Outcomes	● Samagram Wellness Centre has started working in the Poonthura community from 01 December 2021. ● Department has also initiated collaboration discussions for bridge program and clinical training for the students with MHAT. ● Department has also initiated discussions on possible community engagement along with the Canossian sisters with regard to non-clinical mental health counselling like adolescent counselling, career counselling, student counselling etc.

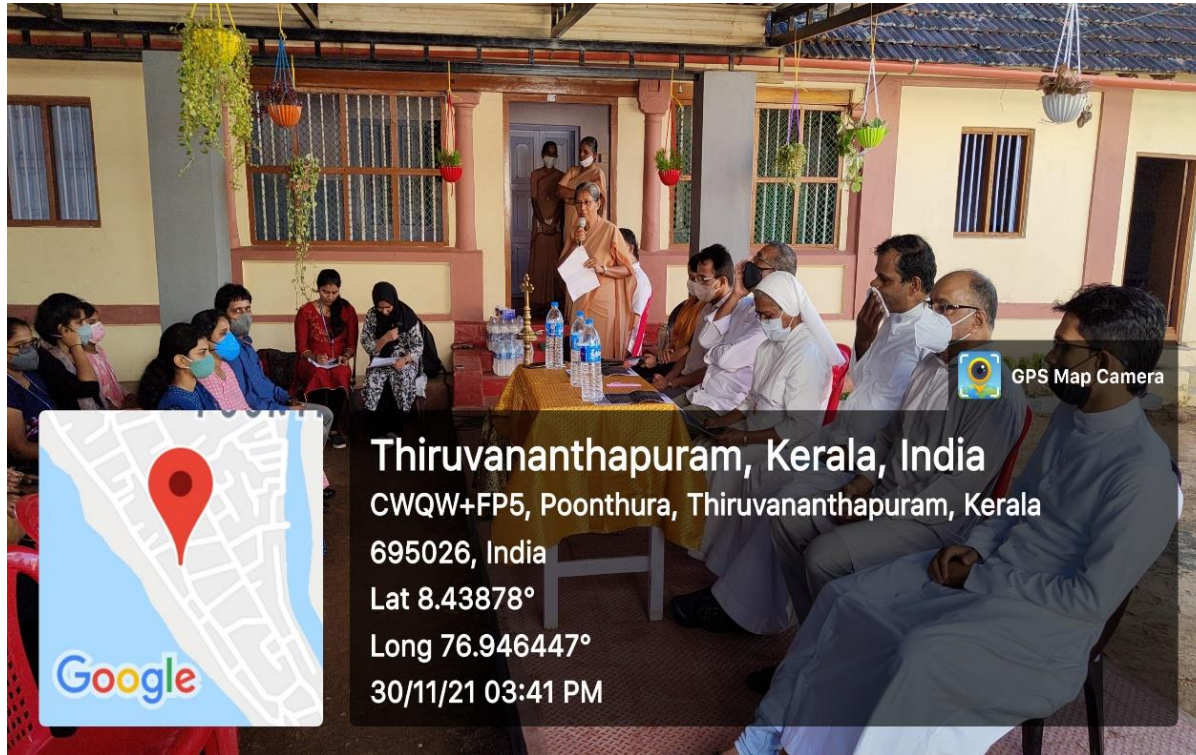
Supporting documents	Brochure, Participants List, Photos of the Inauguration of the Samagram Wellness Centre Programme at Poonthura
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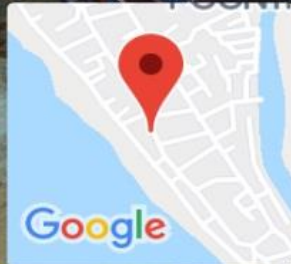
Participant's list- https://drive.google.com/drive/folders/1FjiQv9pL-Lx_AQcykyuUDsGctrvc7fjL?usp=sharing











Thiruvananthapuram, Kerala, India

CWQW+FP5, Poonthura, Thiruvananthapuram, Kerala

695026, India

Lat 8.43879°

Long 76.946418°

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GPS Map Camera

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



**7.1.9-5: Outreach Activities Initiated and
Participated by the students of Loyola College**

**2019-2020
(4 Reports)**

Community Work among Children

As part of community work and development the M.A students of Sociology along with MSW got engaged in a 10-day program regarding the child health and care. The program was conducted in Karumkulam, a coastal village in Thiruvananthapuram. The program was conducted in the second week of February, 2019. Students were divided into different groups and were assigned different tasks. They conducted classes on various topics like health and hygiene, good touch and bad touch, necessity of girl child education, proper menstrual practices and also on the role of children in waste management.



Children were also engaged in healthy games that boosted their team spirits and community skills. The students spend quality time with the children trying to learn and understand about their issues and discussing with them various practical solutions. The 10- day experience was very fruitful and one of a kind memorable endeavor.

Outreach Programme: Visit to Vithura Tribal Settlement and Interacting with Padmasri Lekshmi Kuuty Amma

An outreach program was conducted under the banner of LASIE - KSS for the students to Vithura to learn about the tribal community and about the Padmashri awardee Smt. Lekshmikutty Amma on 19 July 2019. The students were escorted by Dr. Nisha Jolly Nelson (HOD, Dept. of Sociology) and Dr Lekshmi Chandran(Faculty, Dept of Sociology)

The primary goal of the visit was to meet, Padma ShriLakshmikutty Amma, a 75 year old tribal woman from Kallar forest area who received the country's fourth highest civilian honour Padma Shri Award for her breakthrough in practicing traditional medicine. She belongs to Kaani tribe and has knowledge of more than 500 varieties of medicine. She has attained the education of 3rd forum and knows Sanskrit. She stays alone in the forest and grows medicinal plants around her house. She also writes poems dramas and is a teacher in folklore academy. She is also a famous poison healer practicing traditional medicine. Currently she practices in home itself.

The journey started around 9:30 am from the college premises and reached Lakshmi kuttyamma's residence at around 11:30 am. By the time students reached there, she was consulting her patients. After her consultation, the team got time to interact with her. The students had interaction session in a small thatched shed like room attached to the house. Padma Shri Lakshmikutty Amma in a very casual mode shared her valuable thoughts and experiences with the students. She started her converse with some thoughtful lines from her own poem. The interaction lasted for about more than an hour. She shared her life experiences on the exploitations of the forest products having many medicinal values, by the corporate and other agents. Many people have even tried to make use of her on the background of the low literacy rate among the tribes, but she was educated enough to cope up with such situations.

As she is a very famous poison healer, she shared some of the traditional methods and tips to deal with it also shared the epics of lord Shiva in relation with it. She is completely reluctant to modern forms of medicines and drugs. She argues that the consumption of all these allopathic drugs leads to diabetes, cholesterol and so on. She is not only a traditional practitioner but also a poet and a writer. She shared some of her very critical poetic lines

that felt like very evoking. In addition, Lakshmikutty Amma displayed a handmade instrument used for some musical purposes known as 'chatt', a part of a hard core ritualistic practice exist among them. Towards the end of the session after presenting her a token of honor, she warmly welcomed us into the house to have the look at the awards and token of honors she received which filled the entire room. The team left her residence at



around 3:00 pm.

The visit gave an insight on the insecurities and the difficulties faced by the tribal who are regarded as the marginalized communities. Though many initiatives have taken by the government for their upliftment and wellbeing, most of it doesn't even reach to the deserving hands.

The students even visited a tree house and had fun climbing it. The whole area could be covered while standing in the top of the tree house. It was an alluring sight to the students. It was indeed a good exposure and was able to enjoy a lot.

From the visit it is understood that the main need the community demands is that of transportation facility. Even though roads are constructed bus services are not available to them due to the poor condition of the roads. They have to walk through the hilly terrains long to reach the main road. If the people are affected by some health problems it will take a while to reach the nearby government hospital. So the need of the hour is to provide transportation. After having the lunch, the team set out for the return journey at around 5:00pm. On the way back, spared some time for the natural landscapes and the shallow, cold water body of the Kallar region. Spending some time there continued the journey back and reached the college by 7:00 pm.

Visit to the Migrant labour settlements			
Programme Name	Visit to the migrant labour settlements	Organizer	Department of Sociology
Date	17/11/2019	Time	9.45 am
Venue	Migrant labour settlement Cheruvaikal	Faculty in-charge	Dr. Nisha Jolly Nelson Dr Prasad R

Programme Objectives	○ Understand the need of empathetic approach to Migrants. ○ To know about the living conditions of migrant labourers. ○ To know their needs ○ To have an interactive session ○ To understand their life experiences
Resource Person (s)	Dr Prasad R
Participants	● M A Students.
Programme Activities	● Interactive session. ● Provided them food supplies ● Helped them to avail health services ● Migrant labourers shared their experience with the audience.
Programme Outcomes	Helped students with grassroots level understanding on the themes migration, labour and development.

Participants

1. Dinu Varkey
2. Femi Ann Mathew
3. Jency Lawrence
4. Arun Joseph J
5. Priya Vargheese

PHOTO



Visit to the old age home			
Programme Name	Old Age Home Visit	Organizer	Department of Sociology
Date	16/12/2019	Time	9:30 am-3pm
Setting	Sadhana Old age home	Faculty in-charge	Prasad R and Dr. Lekshami Chandran

Programme Objectives	● To inculcate basic Principles of Humanity and the unconditional love that we need to share with the less privileged. ● To sensitize the students about the problems faced by the elderly. ● To understand the social aspects concerning the elderly ● To know about the process of ageing. ● To listen to their experiences and give them an emotional support ● To make the students aware about their social responsibilities
Participants	MA sociology students

Programme Activities	● Interacted with the inmates played games and sung songs ● Shared their experiences with us. ● Students conducted cultural programmes. ● Students donated clothes, groceries and other basic supplies.
Programme Outcomes	● The visit created awareness among students regarding the importance of caring elderly. ● The visit gave insights for practical understanding of the paper Gerontology. ● The interaction helped the students to become a much more wholesome person

PHOTO



PARTICIPANTS

1. AISWARYA SUBAIR
2. ANURAJ N
3. ARUN JOSEPH J
4. ASWATHY G
5. AYSWARYA SUNIL
6. BHAGYASREE P R
7. DINU MOL VARKEY
8. FEMI ANN MATHEW
9. GAYATHRI AL
10. JENCY LAWRENCE
11. JIMA ROSE M
12. LEKSHMI SURESH S U
13. MAHARSHLAL HASHBAS A
14. MAREENA SIBY
15. NABIN K S

16. NIKHITA NAIR
17. NIRANJANA MOHAN
18. NOUREEN.A
19. PRABHU A
20. PRIYA VARGHESE
21. REMYA A.S. NAIR
22. RESHMA S S
23. SALU S S
24. SARIGA S R
25. V S ARJUN

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



**7.1.9-5: Outreach Activities Initiated and
Participated by the students of Loyola College**

2018-2019

(4 Reports)

Engaging with tribal Community and an interaction with the PadmaShri Lekshmi Kutty Amma

An outreach programme was conducted on 22nd June 2018 under the banner of LASIE - KSS for the students to Vithura to learn about the tribal community and about the Padmashri awardee Smt. Lekshmikutty Amma. She belongs to tribal community residing near Kallar forest. She was awarded with the fourth highest civilian honor for her breakthrough in practicing traditional medicine for over 50 years. She has also the Kerala Governments Nattu Vaidya Ratna award of 1995 in her credit.



Vithura is small village located 37 kms from Thiruvananthapuram. The students reached the destination at 10:30 am. The students visited Smt. Lekshmikutty Amma's house and its premises and had an interactive session with her. She shared her experiences of receiving the Padmashri award. She also spoke about the different Ayurvedic medicines and ethno medical practices which they alone follow in the tribal areas.

The students also interacted with the other tribal natives and visited their work places. They shared their experiences and difficulties that they still face after being recognized. They shared their worries regarding the improper implementation of governmental policies and unequal distribution in employment sector.

The students were benefitted from the visit as they were able to understand and learn about tribal settlements and their characteristics. They also learned about their lifestyle and different situations they undergo which are both negative and positive

M.A. Sociology- Visit to Kottoor Tribal Settlement

A tribal visit was conducted by the Department of Sociology in association LASIE- KSS with Women's Cell to Kottoor on 30th June 2018. The aim of the visit was to make students understand the life style, culture and also the sufferings that these tribal communities still face. The students reached Kottoor around 11:15 am. The college bus was parked below the hilly areas since there were no proper roads and as vehicles did not have access. The students and faculty members had to walk to reach aimed destinations. Travelling through the forest roads for long hours was not only arduous but also hazardous, especially for the children and elderly. The long distance, coupled with improper and destructed roads and lack of transport was evident and stands as one of reasons of lack of school education in children. Lack of transportation facilities also forces most tribal people to send their children to hostels during their education period and when they are still young. The students were able to understand the difficulties faced by people on the grounds of transport. Access to drinking water is made available on the sides of the roads through public pipes which made our journey quiet easy.



Students were able to identify the traits of Totemism and its other symbols. The peoples still belief in totemism which is blindly evident. Also some of them were converted in to

Christianity. Students interacted with the natives and understood that, there are people who are still cultivators, even though their people are working in public sectors. They cultivate vegetables; cash crops etc, but they did not get fair value for their products in the markets. They use vegetables that they cultivated from their fields. The major livelihood of most of the people is from the forest and through cultivation. When people gains some wealth through any business or from job they come out from the forest areas and settles in the places outside the forest. Most of them do not have proper housing and sanitation facilities. Most of them are not educated, but they know the value of education and need of the education. So they educate their children. The houses were in a pathetic situation and most of the houses were made up of "eetta". During rainy season the house roofs gets leaked that leads to more difficulties. The government funded homes were not yet completed. Some of the governmental policies were not yet reached to them. From the visit students came to understood that they are still facing the Marginalization from the main stream society and considering them as so called 'disadvantaged.'

Continuing Education FIELD-Literacy Campaign

Ms. Anna George student of 2018 batch took initiative in Puthukurichi in course of her field practice on promoting literacy among Women in Coastal Trivandrum by collaborating with State Literacy Mission. The initiative was documented by UNESCO and aired in Paris on World Literacy Day (Only one from India).



Literacy class for elderly women in coastal area





Documenting the work by Govt. of India officials for casting in UNESCO



M.A. Sociology: Old Age Home Visit

The students of II MA Sociology visited Assisi old age home in Gandhipuram on 5th July 2018. The old age home was run by sisters. Students started their journey from college at 9:30 am and reached there by 10:00 AM. The visit was accompanied by Dr. Nisha Jolly Nelson, Head of Department of Sociology, and faculties Prasad R and Dr. Lekshami Chandran. There are 45 members in Kripatheeram which includes 35 inmates, sisters and staff. Fr. Sajan a student from our batch had welcomed the gathering. Mother was the superior in charge of the home. The inmates were ladies and only one male elderly was there. The students got an opportunity to interact with the inmates and other sisters. The team also conducted some cultural programmes at the venue.



**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



**7.1.9-5: Outreach Activities Initiated and
Participated by the students of Loyola College**

2017-2018

(6 Reports)

REPORT			
Programme Name	Intervention at Rotary Special School – “Phoneix”	Organizer	Rotary Special School
Date	27-02-2018	Time	10-4 p.m.
Venue	Rotary Special School, Trivandrum	Faculty in-charge	Ms. Francina P. X

Programme Objectives	• To empower persons who are intellectually challenged with necessary skills and knowledge for independent living and advance their full participation in the community. • To develop as a Model Organization that represents the interest of intellectually challenged children, their families and caregivers at a Global level. • To create a greater bonding between the family of intellectually challenged children the society and children and to work towards social inclusion • To evolve strategies and schemes for people who are intellectually challenged through media campaigns, community awareness and education programs.												
Resource Person (s)	Team of MSW Students												
Participants	S2 and S4 MSW students												
Programme Activities	<table><tr><td>10:00 – 10:30am</td><td>: Assembly & Inauguration</td></tr><tr><td>10:30 – 10:45am</td><td>: Ice Breaking</td></tr><tr><td>10:45 – 11:30am</td><td>: Music Session for IC Children</td></tr><tr><td>11:30 – 11:40am</td><td>: Break</td></tr><tr><td>11:40 – 12:30pm</td><td>: Art Session for IC Children</td></tr></table>			10:00 – 10:30am	: Assembly & Inauguration	10:30 – 10:45am	: Ice Breaking	10:45 – 11:30am	: Music Session for IC Children	11:30 – 11:40am	: Break	11:40 – 12:30pm	: Art Session for IC Children
10:00 – 10:30am	: Assembly & Inauguration												
10:30 – 10:45am	: Ice Breaking												
10:45 – 11:30am	: Music Session for IC Children												
11:30 – 11:40am	: Break												
11:40 – 12:30pm	: Art Session for IC Children												

	12:30 – 01:30pm	: Lunch
	01:30 - 02:20pm	: Vocational Training for IC Children & session for Staffs
	02:30 – 03:30pm	: Recreational activities for IC Children
	03:30 - 03:45pm	: Staff Evaluation
	03:45 – 04:00pm	: Valedictory Function
	• The SALT members organised ‘Phoenix’, an intervention for the children with special needs of Rotary Special School, Vazhuthacaud, in the practical completion of a project proposal endeavor. • A low-budget, interactive Intervention programme for Intellectually Challenged Children, understanding the children’s area of interest and stimulation to perform activities aiding in development. • Volunteering students of S3 and S2 held game sessions to assess the kids of their comprehension of shapes colours, and sizes and conducted Art and Music therapy sessions for children from the Primary, Secondary and Pre-vocational classes. • Mrs. Moti Feroz, the Principal and her colleagues were very welcoming. • The team was aided by Mr. Ravi and his friend who led the music therapy sessions. • The students expressed their happiness and the teachers asked the team to be back again.	
Programme Outcomes	• The student community understood the needs of “differently abled” children	

	• Able to plan and implement activities that could engage them.
Supporting Documents	Photos

Photos : intervention at Rotary Special School, Trivandrum



Assembly



Music Session



Art session



Vocational training



Discussion with staff



Recreational activity



Staff evaluation



Concluding session

Participants list

Students of Rotary special school

AMALA JOSHY
AMRITHA SURESH
ANITHAMOL BABU
ANN MARY GEORGE
BALALEKSHMI S.B
DEVIKA B.S
EKALAVYAN V.P
FEBINA.S.KUMAR.
G S NARAYANI
GILDA MANI
JAYALAKSHMI J
JIBIN K JOSE
JOSUKUTTY KURIAN

KAVYA KUMAR K
NISHA.K.J
NOUNITH NOBLE
SANUMOL CATHERINE
SAUMYA JOHN
SREE JYOTISH H
SUBHADRA.P.S
TINTU N.S
VANDANA SURESH
VANI V.R
VENISHYA IVAN
VRINDA VIJAYAN

Dr. Francina P. X
Faculty in-charge
Dept. of Social Work, LCSS

Old Age Home Visit

On 10 November 2017, Friday the students of II MA Sociology visited Kripatheeram an old age home in Muttakkadu. The old age home was run by the sisters of the holy family congregation founded by blessed Mariam Thresia. Students started their journey from college at 9:30 am and reached there by 10:30 am. The visit was accompanied by Dr. Nisha Jolly Nelson, Head of Department of sociology, Loyola college of Social Sciences. There are 45 members in Kripatheeram which includes 35 inmates, sisters and staff. Fr. Georgin a student from our batch had welcomed the gathering. Mother Reksy was the mother superior who is in charge of the home. The inmates were ladies. We had interacted with the inmates and other sisters. We had also done some cultural programmes there. They also shared their experiences with us.

The programme got over by 12:30 pm. Ms. Neethu Sharon our LASIE Secretary had proposed the vote of thanks. We started our journey back to college at 1:00pm and we reached college by 2:00pm.



Pothichoru Distribution at Medical College

As part of hunger and kindness day, Sparsham (Student Association of MSc Counselling Psychology) conducted an activity named “Pothichoru” in medical college side on 13th November 2017 between 12:15 and 12:45 pm. The pothichoru was distributed to the needy people of medical college and was conducted in the common space of medical college.



Most of the students, teachers and non-teaching staffs of Loyola College were given lunch packets for this activity. The journey for giving lunch packets started from the college at 11:45am. The distribution started at 12:15 pm. Around 100 packets were given to the needy people. It was huge crowd in medical college, they stand up in a queue for relieve their hunger. Every student struggled a lot to buy more lunch packets for the people.



A FM radio channel *Big FM* was also incorporated for this activity. Before the pothichoru distribution two students from the department Parvathy and Jude went to radio station and given a briefing about the pothichoru activity and the overall activity of Sparsham. It was telecasted at 3pm in the channel.

The participation of other students' teachers and non-teaching staffs in the college is best proof for the success of the activity and it gave warm satisfaction for everyone who participated in this activity.

EVALUATION REPORT

1. It is better to make a prior appointment with medical college authorities and seek permission before the event.
2. Also can think about other places too.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
3. Dyna Scaria
4. Jude S
5. Neha Suresh
6. Remya Ramesh
7. Sony G Tharakan
8. Sruthy Suresh
9. Parvathy
10. Anakha suresh
11. Nisha N R
12. Ardra Madhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Aroline K Tom

Mrs. Dia Therese Jose

14th November 2017 – Children's day program at Cheruvickal School

As part of 128th Children's day, Sparsham (Student Association of Department of Counselling Psychology, Loyola College of Social Sciences) have arranged a celebration in collaboration with students of Loyola College and students of Cheruvickal School. The program was conducted on 14th November 2017 at 9:30 am to 10:30 am. The Master of Ceremony was Aardra.



The program started with welcome speech by Anagha Suresh. She welcomed all the teachers and students of both Cheruvickal School and Loyola College. Next was Nehru's

speech. It was done by Akash a 7th standard student. After that few students of the school sang a folk song. Then an awareness skit about child abuse and different touches was played by the students of counseling psychology. The main roles were played by Aardra, Nisha, Abhishek and Aswathy. Nisha gave an awareness talk about child abuse, good touch and bad touch. She conveyed through pictures and oral medium.



After the skit there happened a dance performance by school students. Then there were a funny game conducted by Aardra with participation of school students. The game named as "1, 2, and 3". After the game, Abhishek of Loyola College sang a song along with a special child named Alex of Cheruvickal School. Later an action song was sung together by both school and college students. It was a Cambodian Folk song. The programme got ended up with sweets and pencil distribution to the children.



EVALUATION REPORT:

1. The seniors have pointed that the programmes conducted were so entertaining and done well by the juniors.
2. It was pointed out that basics of conducting an official programme were lacking throughout the programme.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
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8. Sruthy Suresh

9. Parvathy
10. Anakha suresh
11. Nisha N R
12. Ardra Madhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
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19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Aroline K Tom

Christmas Celebration at Bethelgram old age home

Sparsham, the student association of Counselling psychology, Loyola College of Social Sciences celebrated Christmas at the old age home, Bethelgram in Mukola. Mr. Jude S. took the initiative for getting the permission to do this programme from the organization. Mr. Jude visited the old age home to get an idea about the needs of the inmates and their expectations from us and he reported to the department faculties and members. The programme was conducted on 14-12-2017 and started at 10:30 am. Divya (First Year MSc Counselling Psychology Student) gave the introduction about Sparsham, introduced everyone to them. The prayer song was sung by Miss Neha and Brightly. Rev. Fr. Edison Philip, Manager of Bethelgram, introduced the Sparsham team to the inmates.



The welcome speech, on behalf of Sparsham was given by Dr. Pramod S.K (Head of Department, MSc Counselling Psychology). He addressed the gathering and expressed his happiness of being one among them and shared his happiness of Christmas. Then it was time for Bible visualization, a combined effort of team spirit by the first year and second year students. They could give a wonderful play of the birth of Christ and created an atmosphere of Bethlehem in Bethelgram. .The carol was the next programme guided by Dr. Pramod and team; the songs enriched everyone with love and joy of Christmas. Jingle bells was sung by the carol team and Miss. Parvathy entered as Santa Claus. Her dance and enthusiasm created a happy mood and applause among the inmates. Then the Christmas father interacted with Dyna Scaria. Then a semi-classical dance was performed by Greeshma and Ardra.after the dance performance, a game 'anthakshari' was conducted by Sruthi and Aswathy V.S., where they divided the inmates into two groups. They gave a letter in Malayalam and were told to sing a song starting with the letter. The inmates actively got involved in the game and the students have got a chance to be a part of the game also. Next programme was handled by Neha and Brightly. They sang a collection of old Malayalam songs.



After the song the team initiated for cake cutting ceremony. Dyna and Santa Claus conveyed to the audience about the cake cutting and invited one of the inmates of Bethelgram to cut the cake. Carol songs were being sung in the background while the cake was distributed. Papa said good bye to everyone and left while the carol team wished everyone a merry Christmas and happy new year. Then it was time for the gifting of the tree sapling. Dr. Pramod S.K., along with Sparsham coordinators Dr. Leena S.T. and student coordinators Remya, Ardra and Christmas coordinators Prisma and Sruthi, gifted the sapling to Rev. Father Edison Philip, the manager of Bethelgram.



The program came to an end and Sparsham coordinator Dr; Leena S.T. delivered the vote of thanks. She thanked all the teachers and students for their support and thanked Bethelgram for their love and support. Then Rev. Father Edison Philip, manager of

Bethelgram, expressed his gratitude to the whole crew of Sparsham for being there for them and prayed for the well being of all. Thereafter, the students had lunch with the inmates of Bethelgram. After the lunch then the Sparsham group set back to the college.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
2. Brightly P Bright
3. Dyna Scaria
4. Jude S
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6. Remya Ramesh
7. Sony G Tharakan
8. Sruthy Suresh
9. Parvathy
10. Anakhasuresh
11. Nisha N R
12. ArdraMadhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
19. Prisma C G
20. Reshma MS

Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Dia Therese Jose

VISIT TO ANANDA NILAYAM ORPHANAGE

As a part of the outreach services of Department of Counselling Psychology, Loyola College of Social Sciences, the first year and second year students accompanied by Dr. Leena, S.T and Mrs. Dia Therese Jose visited Ananda Nilayam Orphanage, Manacaud, Kuriyathi in Trivandrum. The team reached the place at 9.30 am on 24th March 2018. The secretary of the orphanage welcomed us warmly and we started the programme. There were about twenty five children in the orphanage and two staff at the time.



The students of Msc counselling Psychology divided themselves into four groups and each group administered certain games to the students to build rapport with them. By about 11.30 am we divided the children into four groups to interact closely.



After the group interaction, we moved to one to one counselling with children. At about 12.30 the programme was concluded. Apart from the students of Loyola College of Social Sciences, three persons from Infosys as representatives of Sanjeevani , they have also actively participated in the programme. After a brief feedback session from the children, the students of Msc counselling Psychology dispersed from there.

STUDENT PARTICIPANTS LIST

1. Aswathy V S
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6. Remya Ramesh
7. Sony G Tharakan

8. Sruthy Suresh
9. Parvathy
10. Anakhasuresh
11. Nisha N R
12. ArdraMadhusoodhanan
13. Abhishek Sathyan
14. Anantha Padmanabhan
15. Aswathy A
16. Aswathy Chandran
17. Divya L
18. Greeshma K
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Faculty members

Dr. Pramod SK

Dr. Leena S T

Mrs. Dia Therese Jose

**LOYOLA COLLEGE OF SOCIAL SCIENCES
THIRUVANANTHAPURAM**



**7.1.9-5: Outreach Activities Initiated and
Participated by the students of Loyola College**

**2016-2017
(13 Reports)**

SURVEY AT ANCHUTHENGU (ANJENGO)



A qualitative survey was conducted under the leadership of the department of sociology in Anjuthengu (Anjengo) Panchayat. The survey was conducted from 23rd -29th March 2017. This survey was undertaken by the college on request of Kudumbashree State Mission Program Officer of Trivandrum, Smt. Amrutha Glatson in order to evaluate the Asraya project and the working condition of Kudumbasree units. This was the first qualitative survey being conducted of Asraya project since its inception in 2003, in Kerala. Smt. Amrutha Glatson took a class on Asraya which included kudumbree – its formation, functions, schemes and so on. Eradication of poverty was the main aim of the 10th five year plan, keeping this in mind the Asraya project was begun. The project aimed to protect those in extreme poverty, to rehabilitate destitute and to assimilate them into the main stream of the society. Beneficiaries were selected on the basis of a nine point scale, wherein they had to satisfy at least 7 points of these. According to the scheme for rehabilitation of the destitute, 67 families of Anjuthengu panchayat were selected as Asraya families. But Anjuthengu Panchayath has got provision only for food, treatment, and education. The selected members for this provision are 40 families, in need of food, 60 for treatment, and education for 15 students. The old and new lists of Asraya beneficiaries were received by the survey volunteers from the panchayat and the volunteers were divided into different that was to conduct the survey in the 14 wards. The volunteers conducted survey totally in 194 Asraya families. Almost all the families from the given lists were recognized as

beneficiaries of the project, but a few were recognized as fake beneficiaries. More families were found as not included in the list but deserving of the benefits.

Attapadi live in experience

The students of Sociology have done an outreach programme at Attapadi with the objective of knowing the tribal life in those areas and getting deep knowledge on the socio-economic and cultural life of tribes in the present context. It also aims to know and experience more about the tribal communities in Attapadi, beyond the writings the students of sociology namely Akhil Surendran, Jasna, Dhanya Raj, Shine Michelena Jose and Jinu K organized a 15 day camp from April 18 to May 3.



The students were divided into groups and covered the nearby areas kalkandiyoor, choriyanoor, vadakottathara and other 'ooru' which they could visit. They also conducted a one day camp in these 'ooru'. During the live in camp they also got a part to be a part of three day residential camp held at AADI (Attapadi Adivasi Development Initiatives). AADI is the eventual shape of the 16 year old Jesuit action with the People of Attapadi. Suitable schedules are planned and carried out by the people themselves. It aims at the inherent progress of the Tribals in Attappady. Besides encouraging education, employability and soft skill training it is decided to organize a center for Eco-education through the blooming of an Eco-Reserve for the future generation. AERA is set up in 24 acres of land at Mannathukadu next to Silent Valley National Park. It basically emphasizes the evaluation of socio-economic progress made in Attappady and thereby scrutinizes the refinement made

in the livelihood of the local group, specifically the tribal communities. Afforestation, biomass development, conservation of water resources and promotion of sustainable Income Generating Activities (IGA) are attempted through community based organizations. AADI-Tarumitra is a grid for students who are engaged in a movement to protect and promote a healthy environment on Earth. Tarumitra aims to spread ecological reactivity by instructing its members in handling local environmental issues. This helps in stimulating spirituality by organizing for the preservation of biodiversity. The students took class on personality development, leadership, career guidance and scholarships etc. The students also conducted a survey in the socio economic, educational and cultural problems of day scholars and hostellers in the tribal community.

Major observations and findings

-) Tribal life has changed a lot. Almost all tribals have their own house.
-) Importance of education has also increased among them. But they give less importance to boys education.
-) The impact of globalization and modernization can also be seen in some tribal areas.
-) There are some areas lacking basic infrastructure like portable water and transportation.
-) Tribal groups are more or less aware and conscious about health especially the health of the new born.







TRIBAL VISIT TO RANNI GOODRICAL FOREST **DIVISION**



On 1st August 2016 the students of the department under the initiative of LASIE-KSS Loyola unit went for a field visit to the Rani Goodrical forest division in the Pathanamthitta district. The group consisted of 25 students accompanied by Dr Antony Palakal and Dr. Lekshmi Chandran. The aim of the visit was to know more about the Malai Pandarams tribes living in the forest division. The background work for the visit was done by Mrs. Priya R. Kumar like obtaining permissions and scheduling the visit.

On 1st August the group left the college by 4.30am in the morning and reached Plapilly range office in the Ranni Forest Division by 8.30 am. There, Mr. Ajayakumar, SHO and Dy. Range Officer; Mr. Jayaprakash, Dy. Range Officer and Mr. Kunjumon, Forest watcher were waiting for the team. They gave a basic introduction about the Ranny forest division and its geographical specialties of its location. From them the students came to know that the Ranny forest division has the highest forest area in Kerala i.e., 176 sq. km

From Plappilly Range Office, the officers accompanied the team to a group of dwellings where the Nomadic tribal named “Malai Pandarom” resided. The vehicles stopped by the

road side. Showing a wooden stump with a plastic cover hung to it, Mr. Ajaya kumar said that the stump with some plastic material hung to it represents that there are someone from the nomadic tribal group living somewhere nearby. Hearing this, students had a glance to the surroundings and could see four dwellings of malai pandarom tribes at top some distance from the roadside. The officer also added that they flow floating life pattern and will shift their houses once in a month. But even then they don't shift to faraway palaces but to a different site within the locality. The group visited almost 31 dwellings of the tribal group and tried to collect data on their life, culture and other unique aspects about their life. After visiting the settlements at Nilakal the group visited Attathode L.P School. The school authorities told that last year there were only 30 students now with their initiative 40 to 50 students are coming to school .There are 4 teachers in the school. The children are provided with food in the school. The dinner is given to the children for them to take it home.

From the visit to the field the students could gather the following information on the cultural and social specialities of Malai Pandrams.

FINDINGS AND CONCLUSIONS OF THE GROUP

-) Malai Pandarom tribe has varied customs and rituals. And it differs from group to group.
-) One such custom was when any family member died, the rest of the family members moved to another place leaving behind of the dead body at the former house. While they so moved, they would destroy the house where the dead body is and they would not take any materials from that house. The rest of the family members neither would stay at the former residence, nor would they cremate the deceased's body.
-) These tribal do not feel that of education is important. School bus is provided to them free of cost to and from travel to the Tribal school at Attathodu. Uniform, meals (breakfast, lunch and dinner) and books were given free of cost. Still they keeping aloof from schools. Most of them are educated to the lower primary levels.

After discontinuing education, they would also go into the deep forest to collect forest produces.

-) A land has been identified near Nilakkal for the construction of a tribal residential school.
-) Generally, there are no strict rules regarding marriage among the Malai Pandaram tribes. More family relations existed without the institution of marriage. One custom that existed among them was that once a man deserted his wife and children, and the woman later begins to stay with another man, then it is the duty of the latter man to look after all the children of the woman.
-) Malai Pandams are very much reluctant to go to Hospitals. Even today most labour and deliveries takes place within the shed dwellings naturally with no medical care. It was so unhygienic and dangerous to both the mother and the new born. However, as far as possible they try their level best not to visit hospitals.
-) There is a Primary Health centre and a mobile clinic that frequently visits them. As a part of their initiatives, timely vaccination and such other facilities are offered to them.
-) Malnutrition is a major problem seen mostly among the children and women of the Malai Pandarom Tribes. Children are not given the prescribed healthy foods and porridges.
-) The Malai Pandaroms at the Ranni Forest Range do not follow the ethno medical practice.
-) They do not have even a proper shelter, no permanent address/ House number. However they have Aadhar Card and Election Identity Card.
-) They live a simple life, and they live simply to survive.

Then by 1Pm the group was served lunch in the forest office. Then the group visited the last settlement identified where there were 10 families living. After tea at 4pm the group started its return journey and reached the college by 1am on 2nd August 2016.

ONE DAY VISIT TO GOVERNMENT CARE HOME



On October 6th, 2016 LASIE-KSS Loyola Unit organized a visit to the care home of Social Justice Department in Pulayanarkotta. A group consisted of 25 students who were accompanied by Dr. Lekshmi Chandran. The backdrop works of visiting government care home was done by Ms. Shilpa Maria of 2nd MA Sociology. On 1st August the group left the college campus by 9.45am. The students were accompanied by Dr. Saji P. Jacob; HOD of Department of Sociology. The students reached the care home by 10.10 am. They were welcomed by the officer in charge of the institution Mrs. Shiny. She gave a brief description about the details of the care home. There was total of 109 inhabitants in the institution out of which 62 were males. There were altogether 70 staffs involved in the smooth functioning of the institution. There is an Ayurvedic doctor present in all days of the week. Doctors from the nearby Primary Health centre visits the home twice a week and will consult the inmates till 12.noon.

After this briefing the students were taken into a common hall in the care home. The inmates of the care home were gathered in the same place by ringing a bell. Mrs. Shiny introduced the group in general to the inmates and informed them that we have come to

interact with them. Dr. Saji P. Jacob also spoke few words to the inmates and requested them to welcome the group of students with open heart.

Then the students were left free to interact with the inmates. Many students found it difficult to start a conversation at first. But once they started to talk they found it is not that difficult. The students were able to build a rapport with the elderly in a very short span of time. Many of them shared their personal stories with the students. The students performed various cultural programmes and conducted many games for the elderly. This was done to entertain them but besides that the major motive was to make them active.

Even the inmates performed various activities. Many came forward to sing songs, answer riddles and to participate in the games. The group of students was joined by Dr. Antony Palackal, Faculty of the department in the midst of this session. He also joined the group in making the session more active. By 1pm the programmes were concluded with the inmates summoned for Lunch.

The students after Lunch by 3pm planted plants in the compound. 25 plants of various flowers were planted by the students with the inmates in the compound. Many inmates came forward to help the students in planting plants. This was indeed an indication of the rapport built by the students with the elderly. The student returned back to the college by 5 pm. It was indeed an unforgettable experience for all members in the group.

BLOOD DONATION CAMP

On Nov 1st 2016 Department of Personnel Management in collaboration with Prathidwani, a social service association of employees in Technopark, had organised a blood donation camp at Tejaswini building in Technopark with technical support from Sree Chithra Thirunal Institute of Science and Technology, Thiruvananthapuram. 3 doctors and 3 nurses were present. More than 25 people donated blood voluntarily. The event created awareness' among the students about their social responsibilities





List of participants: Blood donation camp

1. Ananda Krishnan K M
2. Sain Mathew
3. Danish
4. Sneha
5. Thrishna
6. Rose
7. Athul Wilson
8. Fredy Fredinent
9. SujiMol
10. Michelle Ann Jaison
11. Ann Roy Kovoov
12. Praisy
13. Minnu Prakash
14. Sujithra
15. Akhil Jose

16. Charu Latha
17. Sonia Jain Jacob
18. Revathy Rajan
19. Kashyap Nair
20. Arjun
21. Athira
22. Shikha Pavithran
23. Sandeep Krishnan
24. Geo Micheal

CHILDREN'S DAY CELEBRATION BY COUNSELLING PSYCHOLOGY
STUDENTS AT SREEKARIYAM SCHOOL

On November 14 2016, SPARSHAM (Student Association of Department of Counselling Psychology) celebrated the children's day along with the children of Sreekariyam Govt H.S.S. Dr. Susha Janardanan former coordinator of the department inaugurated the celebration along with Chachaji, Master Hafis. The students showcased several programs like puppet show, drama, group songs, and action songs to keep the little ones engaged and entertained.

SPARSHAM
Students' Association of Department of
Counselling Psychology
Children's Day Programmes

14th November 2016

Prayer Song:
Welcome Speech : Dyna Scaria
Poem : Abhijith V.S.
Inaguration
Message : Hafis (Chachaji)
Group Song : Shafna Shajeer & team
Oath taking :
Song(Duet) : Girinadh & Athira
Action song : Shisana A. & team
Felicitation : Dr. Susha janardanan (H.O.D, Counselling Psychology,Loyola College)
Felicitating 'small chachajis'
Group Song : Shivani R P & team
Skit : Sajin & team
Felicitation : Mr. Mohankumar K. R. (President,PTA)
Group Song : Varsha vargheese & team
Puppet show : Aswathy V.S. & team

Vote of thanks : Mrs. M Leena (Headmistress)
Sweets distribution
Street Play : Girinadh & team



Participant's list

1. Chippy
2. Vishu Priya
3. Shaheen
4. Asha
5. Arya
6. Bhadra Mohan
7. Girinath
8. Premlal
9. Omana
10. Anupama
11. Divya
12. Greeshma
13. Athira Sankar
- 14 Aswathy V S
- 15 Brightly P Bright
- 16 Dyna Scaria

17 Jude S

18 Neha Suresh

19 Remya Ramesh

20 Sony G Tharakan

21 Sruthy Suresh

22 Parvathy

Faculty Members

Dr.SushaJanardhanan

Mrs. Aroline K Tom

Dr. Pramod S K

PRAVASI MASDOOR SWASTHEY SHIVIR

(Free Health Awareness and Medical Camp for Migrant Labourers)

Migrant labourers form an important part of Kerala economic structure especially that of the construction sector. They form a significant part of the labour force in the state. Department of Sociology in collaboration with Indian Social Institute (ISI) Bangalore, and Loyola Old Boys Association (LOBA) organized a free health awareness and medical camp for the migrant labourers in the locality on 27th November 2016. It was an off shot of the conclusions generated from the minor research project done by the students of the department of Sociology. With this in mind the Department of Sociology took up the initiative of organizing a free health awareness and medical camp for the migrant labourers.

The ground work was started 2 weeks before the programme .The student coordinators of LASIE –KSS Loyola Unit and along with the students met contractors to gather information about the migrant workers. Later a group of both boys and girls had visited around 30 settlements of migrant workers in Sreekariyam and Cheruvaikal in Thiruvananthapuram. Students visited their settlement on Sundays and kept contact with them through mobile phone. Students also provided the notice in Hindi to all the main shops at Cheruvakal and Sreekariyam.

On 27th November 2016 as per the schedule, the programme commenced by registration at 8.15 AM. 8 doctors who are specialized in surgery, orthopedic, oral and multifacial surgery, personal hygiene and general medicine, came from government medical college Thiruvananthapuram and govt. Dental College and so on. Two eminent resource persons took classes on oral cancer and personal hygiene before the commencement of the check up. It started by 9.50am itself .The doctor discussed mainly on deleterious habits and oral cancer and also explained about what the causes which lead to oral cancer are and how we can prevent it. He used Hindi as the medium of communication. It was more or less an interactive session. By 10.48 am the second session was started .This session was on the personal hygiene. The session dealt with general health and personal hygiene. The migrant workers were aware about some of the diseases like malaria, dengue etc... But most of them

were unaware about transmitted diseases. Both sessions were in Hindi. After the refreshment, by 11.05 am the medical check-up was started. There were 5 counters and one general counter. There was a physician in the general counter here after first examination directed the labourers to counters. The labourers were led to each counter by calling their names by the doctors. There were two counters for lab service and blood test set by DDRC SRL. Translators were provided for doctors in their counters, the counters were occupied by doctors who were specialized in general medicine, orthopedic, and oral and multifacial surgery. There were special arrangements for body check-up.

Doctors referred some of the workers for further treatment to government medical college. Two health inspectors from Pangappara health department near Sreekariyam also visited this medical camp. 65 migrant workers had participated in this programme and a total of 25 students participated in the conduct of the same.



AWARENESS CLASS ON PERSONAL HYGIENE FOR MIGRANT WORKERS

On 1st December 2016 LASIE-KSS Loyola Unit in collaboration with the Public Health Centre, Pagapara organized an awareness class for migrant labourers at one of the work sites. First year students of the department Minu Harikumar and Aloysius T. Antony handled the class in Hindi. The students were accompanied by one of the research scholar of Department of Sociology Mr. Prasad Ravikumar. The authorities from the PHC were also present in the venue. The class started at 1pm with workers in the site gathering together for the same. The introduction to the class was given by Aloysious. He then spoke about the general health related aspects like food, clean water and hygiene. Then awareness about AIDS was given by Ms. Minu Harikumar. She spoke about what AIDS really is, how it is transmitted and how it affects the immune system of a human beings body etc were explained in lucid fashion with great clarity. Since the class was delivered in Hindi medium even the workers also attended it with keen interest.

The students were able to build a rapport with the workers as they were able to communicate with them at ease. The workers cleared doubts with the students. Students left the work site by 1.45pm. It was indeed a different experience for the students to interact with the migrant labourers.





CHRISTMAS CELEBRATION AT ELDERHOME, PULAYANARKOTTA

On December 15 2016, Sparsham organised a Christmas Outreach program with the inmates of Pulayanarakotta Old Age Home. To pay a fitting tribute to the lovely inmates, Sparsham staged several programs like bible visualization, musical games and Christmas carols too. The hallmark of the program was the active participation of the inmates.



Participant's list

1. Chippy
2. Vishu Priya
3. Shaheen
4. Asha
5. Arya
6. Bhadra Mohan
7. Girinath
8. Premlal
9. Omana

10. Anupama
11. Divya
12. Greeshma
13. Athira Sankar
- 14 Aswathy V S
- 15 Brightly P Bright
- 16 Dyna Scaria
- 17 Jude S
- 18 Neha Suresh
- 19 Remya Ramesh
- 20 Sony G Tharakan
- 21 Sruthy Suresh
- 22 Parvathy

Faculty Members

Dr. Susha Janardhanan

Mrs. Aroline K Tom

Mrs. Sheryl Elizabeth Jose

Dr. Pramod S K

HEPATITIS DETECTION CAMP AT RAJAJINAGAR

The social work students from Loyola College Trivandrum organized hepatitis detection camp at Rajajinagar on 22nd Dec 2016 in association with CIPLA pharmaceuticals, Rajajinagar Residence Association and NIMS hospital. 93 persons attended the camp out of these 93 samples 11 positive cases were reported and referred to expert medical team with the help of SIPLA. The students also conducted the follow-up of 11 cases through house visits.



Trainees : Sreeja P V , Archana U , Kannan G S , Krishnedu B S

LIFESTYLE DETECTION CAMP AT RAJAJINAGAR

Social work students organized a life style detection camp in association with Malabar gold, Social Security Mission and FRAT (Federation of Residence Association in Trivandrum) on 5th January 2017. 77 people attended the camp many lifestyle diseases were detected among the given sample. Those who need immediate medical care were referred to the Urban Health Centre situated in Rajajinagar.



MIGRANT LABOURERS SETTLEMENT VISIT

Over the years, migrant labourers have become an integral part of the labour force of Kerala. As per the study conducted by GIFT (Gulati Institute of Finance and Taxation 2013) it was assessed that migrant labour population in Kerala is to be around 25 lakh with 2.35 lakh new migrant arriving in the state every year. Despite the captious role they play in Kerala, life is becoming difficult for workers from different States of India. The Kerala High Court on 20 June 2016 observed that migrant labourers are isolated or treated like second class citizen in the state. Due to prolonged working hours and unhygienic living conditions they are more prone to work and life related health issues. In addition to this lack of awareness about their legal rights makes their life more vulnerable. Therefore to understand the various socio economic problems faced by the neighbouring migrant labourers the students of the department conducted an outreach cum exposure visit to the nearby migrant labourers settlements. The student volunteers (both boys and girls) were divided into three groups and areas were assigned (Poongamoodu, Sreekariyam and Cheruvaikyal). Groups were accompanied by Hindi speaking students. Student volunteers engaged in continues field work from 24th of February 2017 to 04th March 2017. Initially the students covered Sreekariyam region. Through them ten new settlements were identified. In the following days Cherruvaikal, Aakullam, and Allathara were visited and new settlements were spotted.

During the visit it was observed that most of the workers are daily wage workers living in a group in a rented house. Each house has a *malik*, who is responsible for the house on whose name the house is rented. The rent of the house is shared among the occupants. The rent varies from Rs 250 to Rs 500 per person. Most of the respondents face difficulty in accessing medical care as language is a barrier. The conditions they are living in are very filthy and unhygienic making them more prone to diseases.

Even though the study was not an in-depth analysis the study was helpful in figuring out the major features of the migrant population in the region. It was also helpful in identifying some of the areas that need further follow-ups in future. It was indeed a very useful exercise giving the students an initial field work experience.



Outreach Activities with Different NGOs

During the summer vacation time students of sociology department were divided into three groups and three different NGO's were allocated for them to work with. First group volunteered one month of community service and training in BIHAR WATER DEVELOPMENT SOCIETY (BWDS), a registered NGO in Patna, and Bihar from 2nd May to 22nd May 2017. BWDS is functioning as the official relief and development agency of Patna Archdiocese, having its office at Sewa Kendra, Kurji Patna. During this time; they undertook extensive exposures to the rural development programs of the organization. They visited and interacted with members of various women Self Help Groups, Community Vigilance Groups, Farmers Groups, Supplementary Education and Life Skill Development Centers. The training exposure, facilitated by the coordinators, improved their knowledge insight of the social stratification and marginalization of society thus adding their knowledge and elevating it from mere classroom or bookish inputs. Being under constant guidance of the coordinators and constant contact with the villagers helped them in situational analysis of poor, illiterate marginalized communities in Bihar with special reference to Mushar community. The twenty day exposure ended on 22nd May.



Next group did a one month outreach program during the summer holidays with a U N funded organization in Kerala called Women Empowerment and Human Development Centre of India (WHO). As part of this they participated in various community service programmes. They worked with one of the major projects of WHO called migrant suraksha project. This project involves awareness classes, group sections and health camps for the migrant labourers. Yearly target of this project include 40,000 migrants and the project target is to identify 10,000 HIV positive persons. In one year the organization have to conduct 240 health camps and 4000 group sections.

The processes happen only after identifying the high risk targets. So after the identification medical camps will happen and during these camps HIV test and tests for sexually transmitted diseases will be given. If it is identified as positive the organization will facilitate them with anti- viral treatment, and monthly dosage. Awareness programmes include giving out exhibitions which makes them understand how HIV spreads, how to care for the HIV patients etc. All these are conducted during the medical camp. They visited their camp sites and had various interactive sessions with the migrants.

They were also a part of the two anemia detection camps organized by WHO. The first camp was held in M G LPS Kaayikkara and the second camp was held in Mambally Trivandrum district. Both the venues of the camp come under the Anchuthengu Grama panchayath where fishing is the major occupation of the population. Not many of the people among them are educated and are from low income families. So engaging in these programmes were really helpful in understanding issues faced by different communities and groups. Their one month long exposure ended on 31st may 2017.

The third group did their exposure activities in Attappadi. They organized a 15 day camp from April 18 to May 3. The students divided into groups and covered the nearby areas kalkandiyoor, choriyanoor, vadakottathara and other Tribal 'ooru' (Tribal settlement) which they could visit. They also conducted a one day camp in these 'ooru'. During the live in camp they also got to be a part of three day residential camp held at AADI (Attapadi Adivasi Development Initiatives). The students took class on personality development, leadership, career guidance and scholarships etc. The students also

conducted a survey in the socio economic, educational and cultural problems of day scholars and hostellers in the tribal community.

OBSERVATIONS:

-) Tribal life has changed a lot. Almost all tribals have their own house.
-) Importance of education has also increased among them. But they give less importance to boy's education.
-) The impact of globalization and modernization can also be seen in some tribal areas.
-) There are some areas lacking basic infrastructure like portable water and transportation.
-) Tribal groups are more or less aware and conscious about health especially the health of the new born.

During this short period students could cover and visit the various project undertaken by the NGO's and could develop a strong rapport with the staff, coordinators and animators. It was a **real experience of connecting classroom to community**, to reach out to the community as the theme of this academic year. It was indeed a very different and unique experience for them. But it was more or less like a polishing experience for the young engaging sociologist in them.